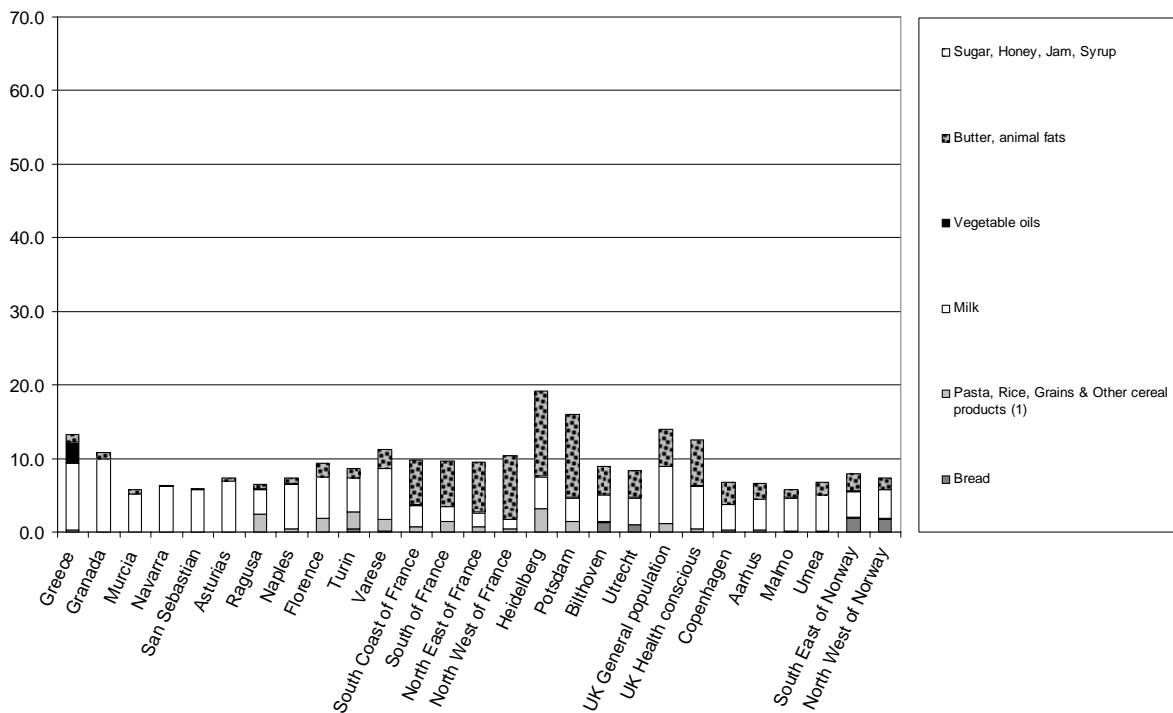
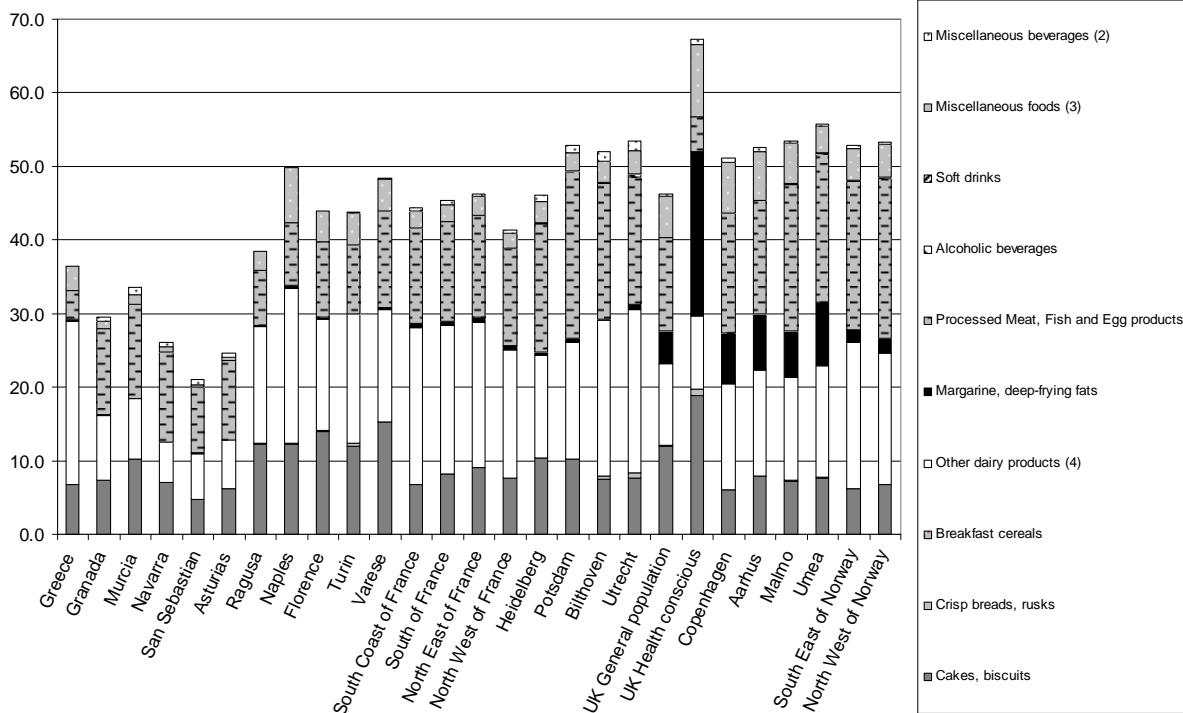


**a) Contributions of highly processed staple/basic foods to centre mean total cholesterol intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total cholesterol intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



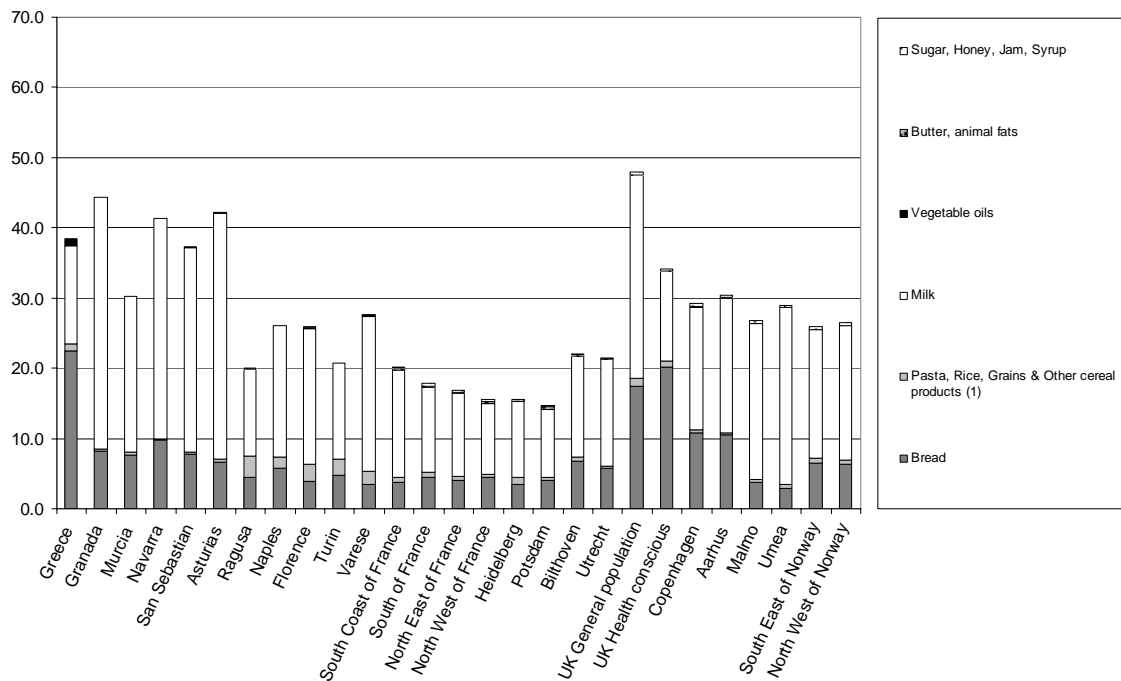
(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

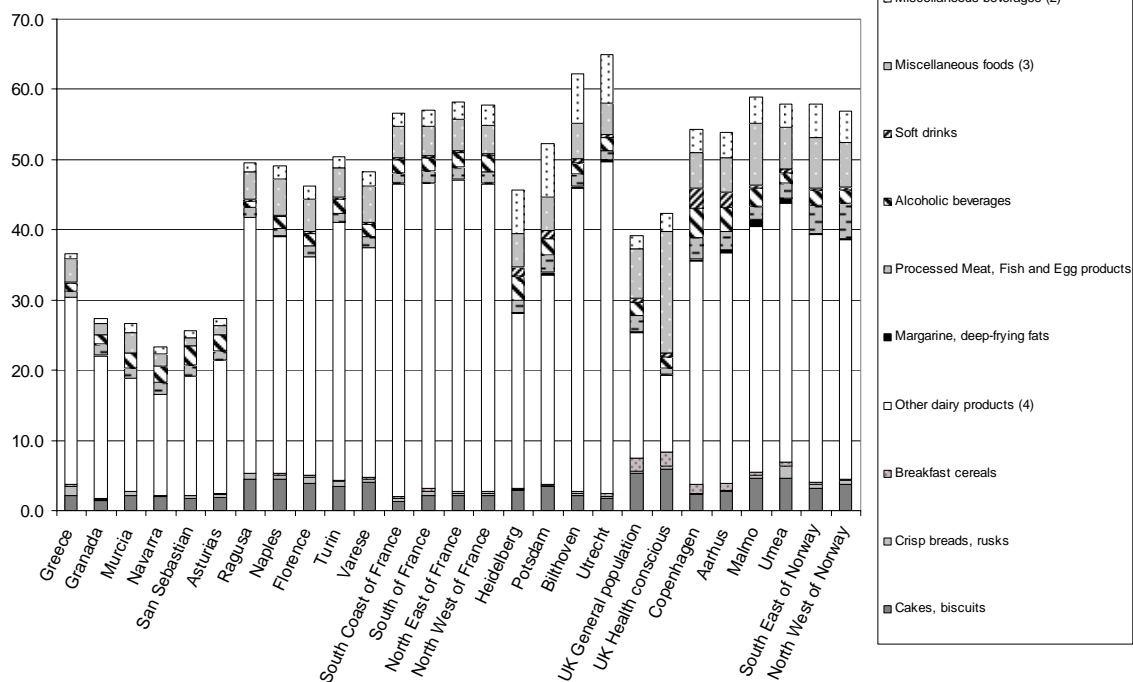
(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream

**a) Contributions of highly processed staple/basic foods to centre mean total calcium intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total calcium intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



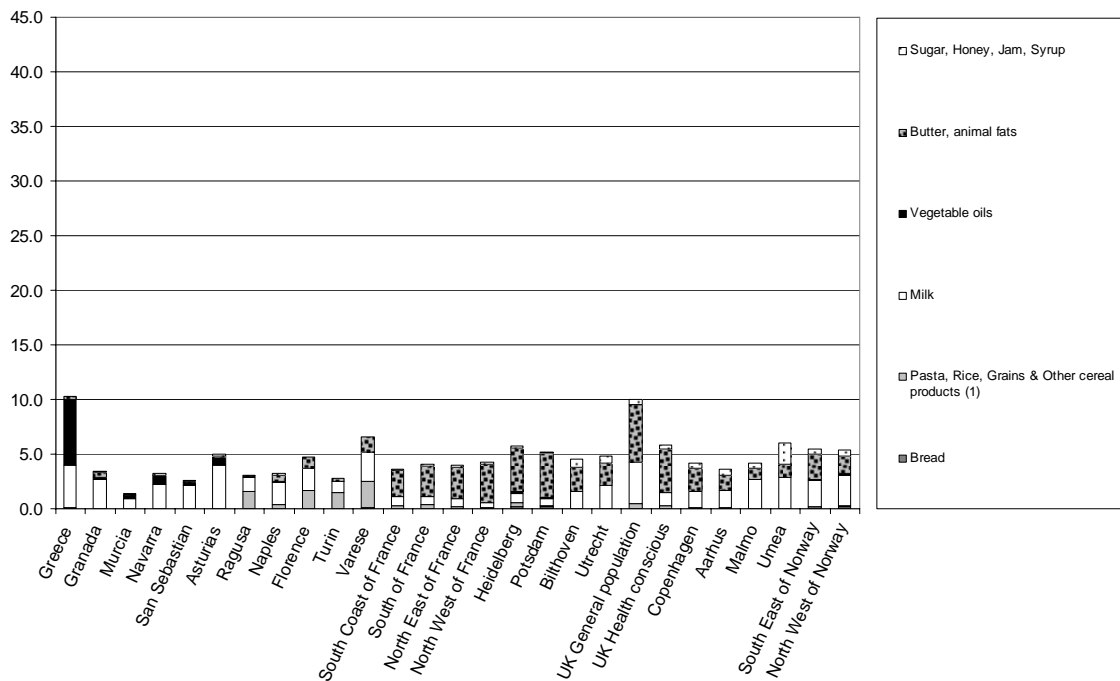
(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

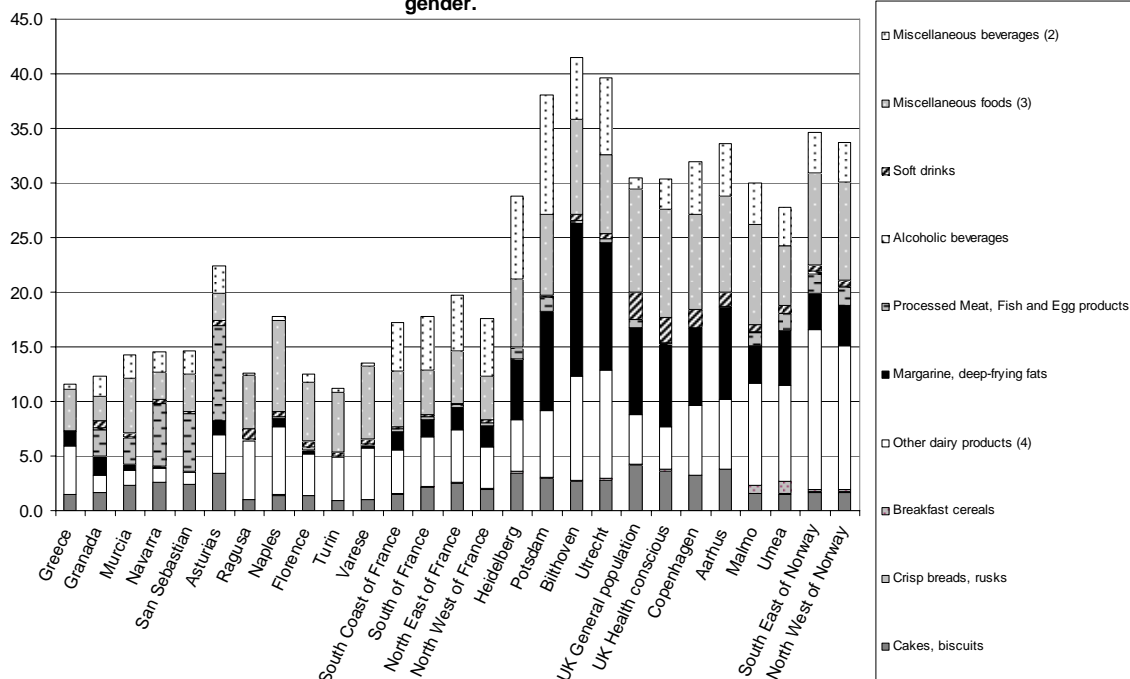
(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream

**a) Contributions of highly processed staple/basic foods to centre mean total betacaroten intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total betacaroten intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



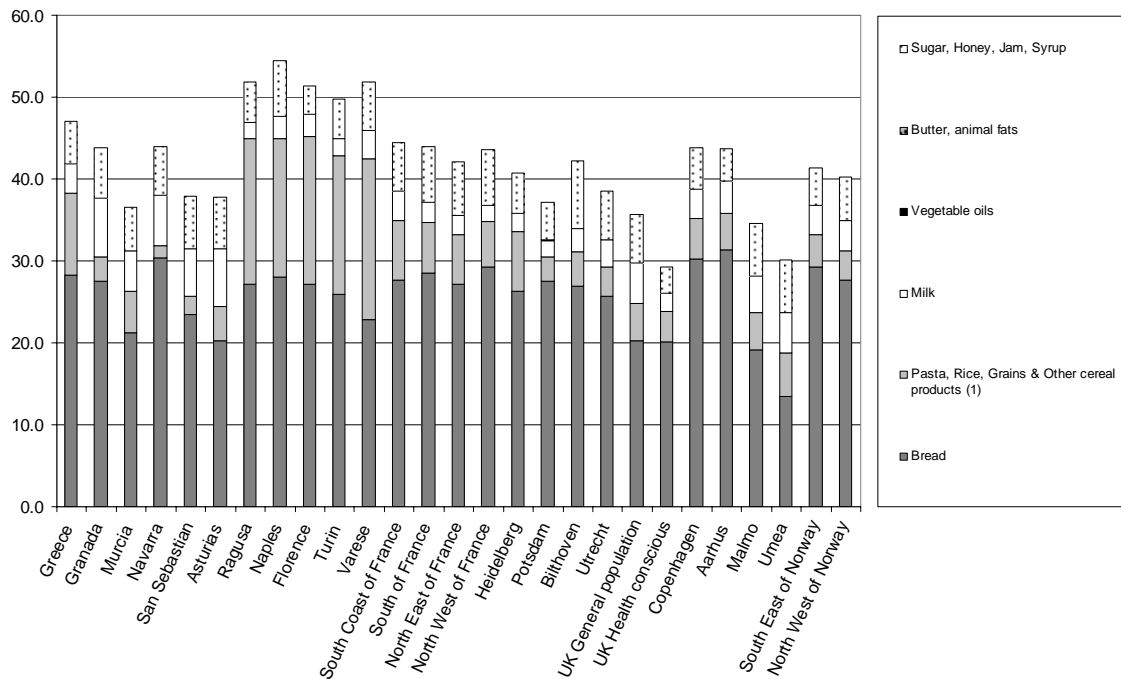
(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

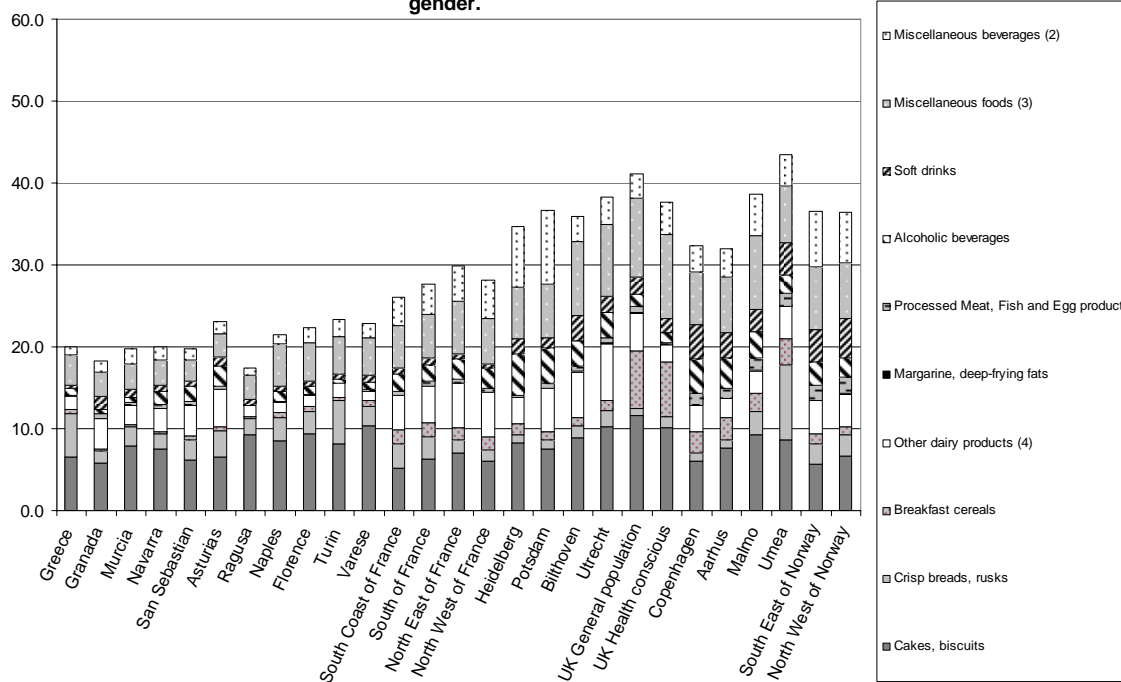
(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream

**a) Contributions of highly processed staple/basic foods to centre mean total carbohydrates intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total carbohydrate intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



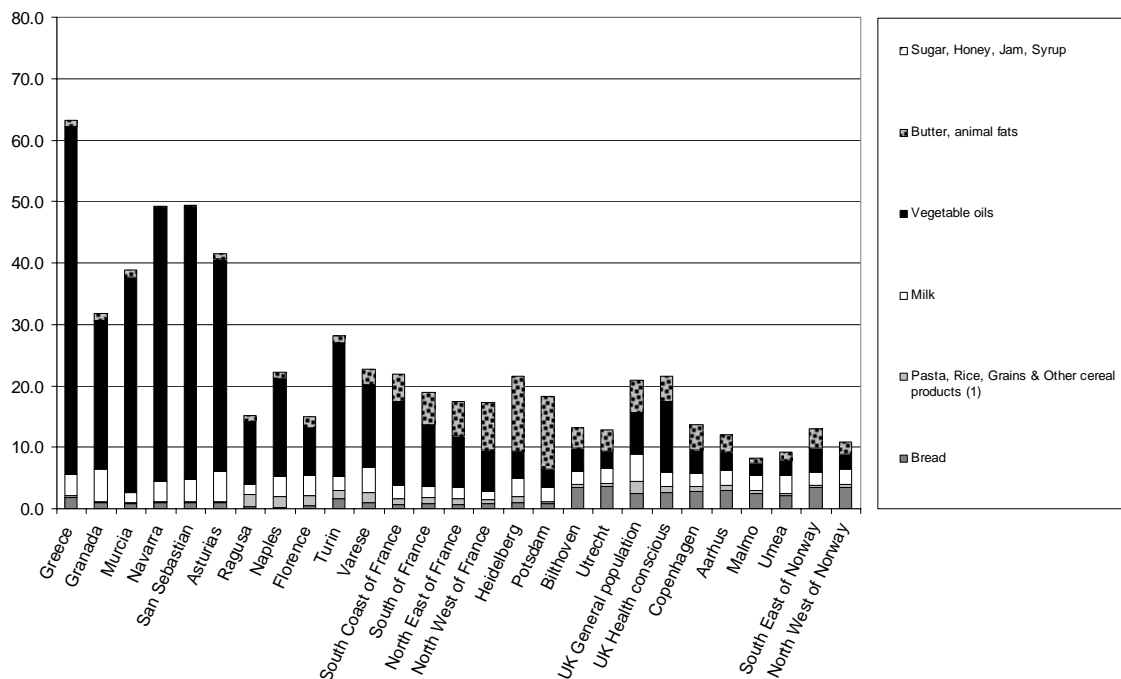
(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

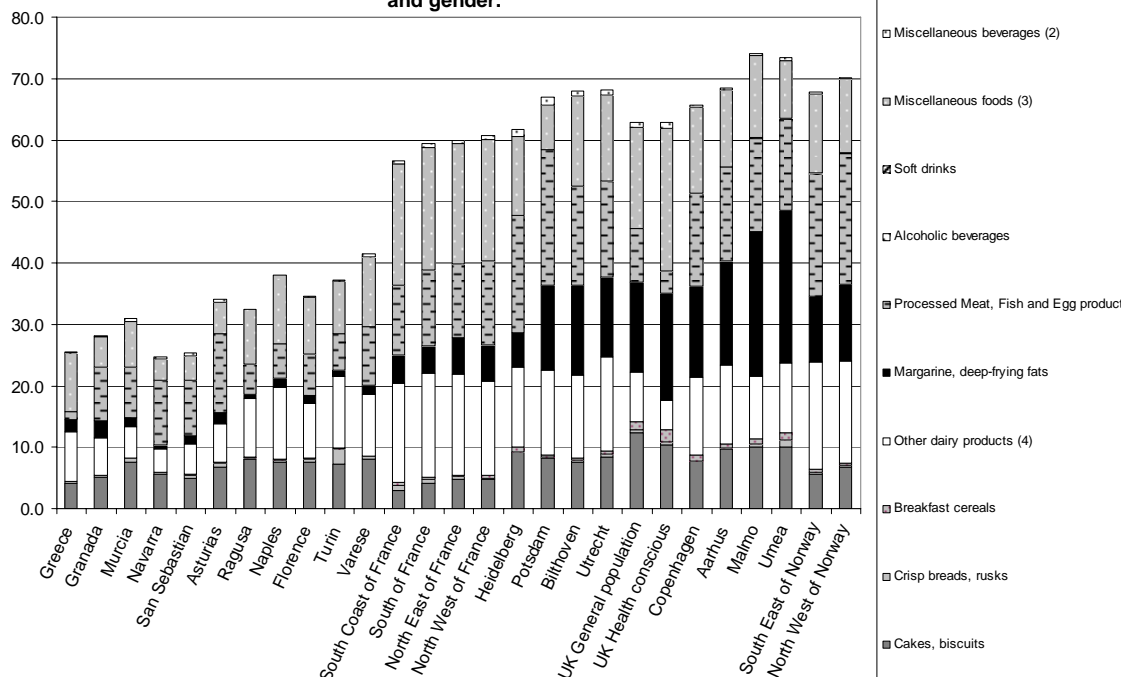
(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream

**a) Contributions of highly processed staple/basic foods to centre mean total monounsaturated fat intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total monounsaturated fat intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



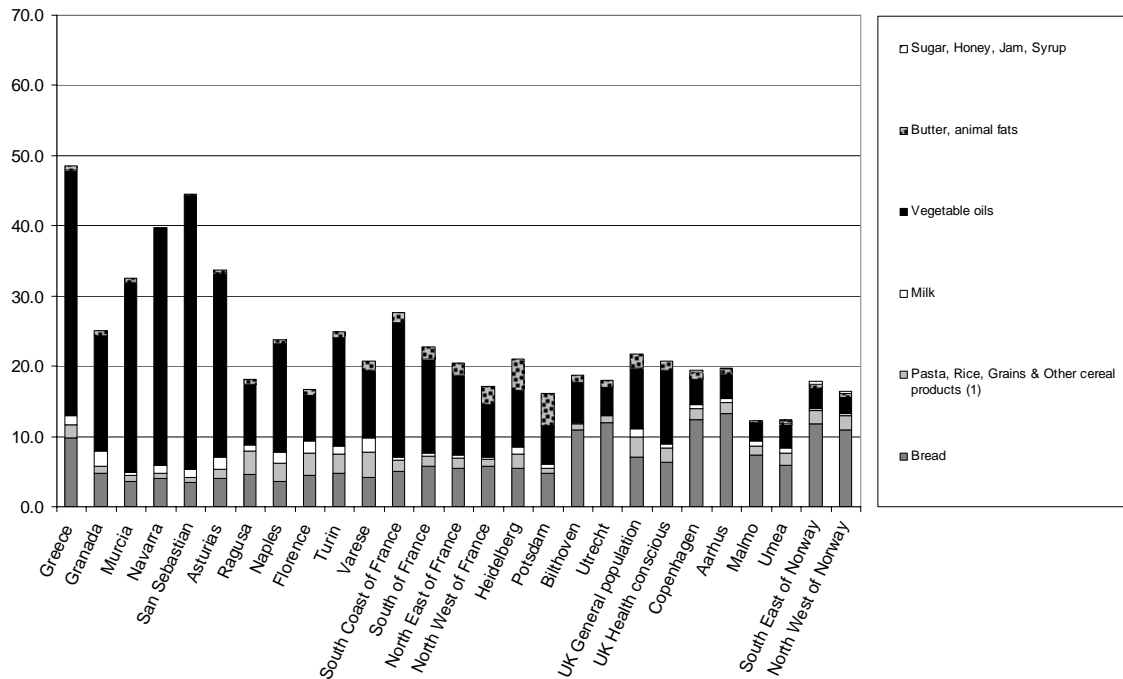
(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

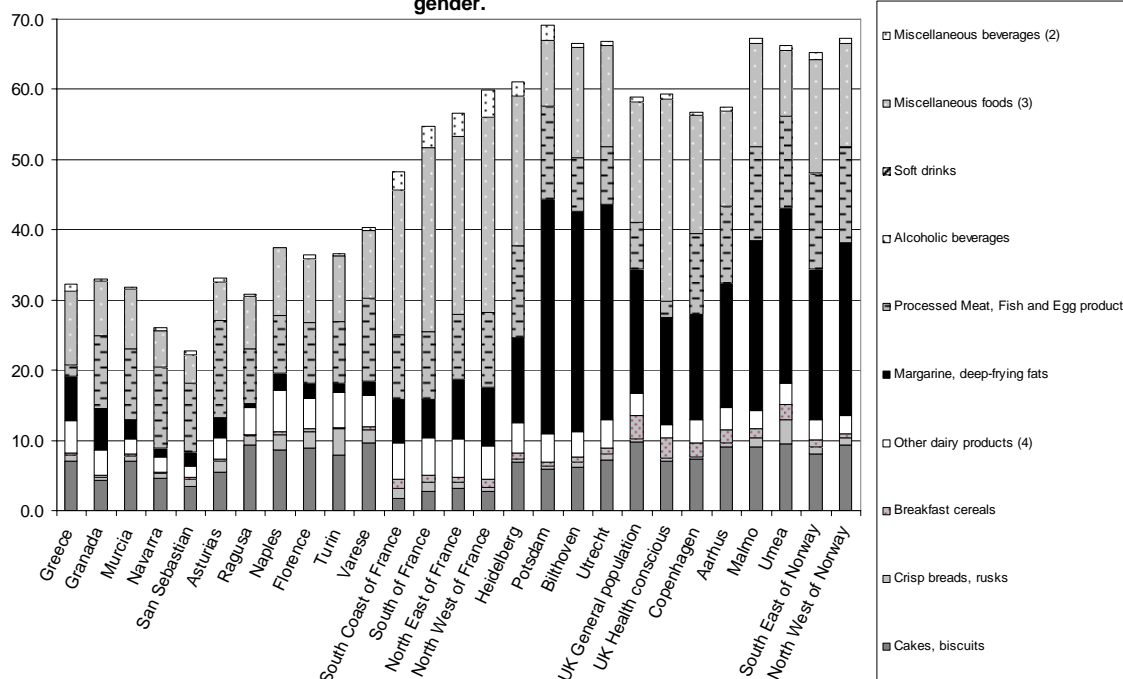
(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream

**a) Contributions of highly processed staple/basic foods to centre mean total polyunsaturated fat intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total polyunsaturated fat intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



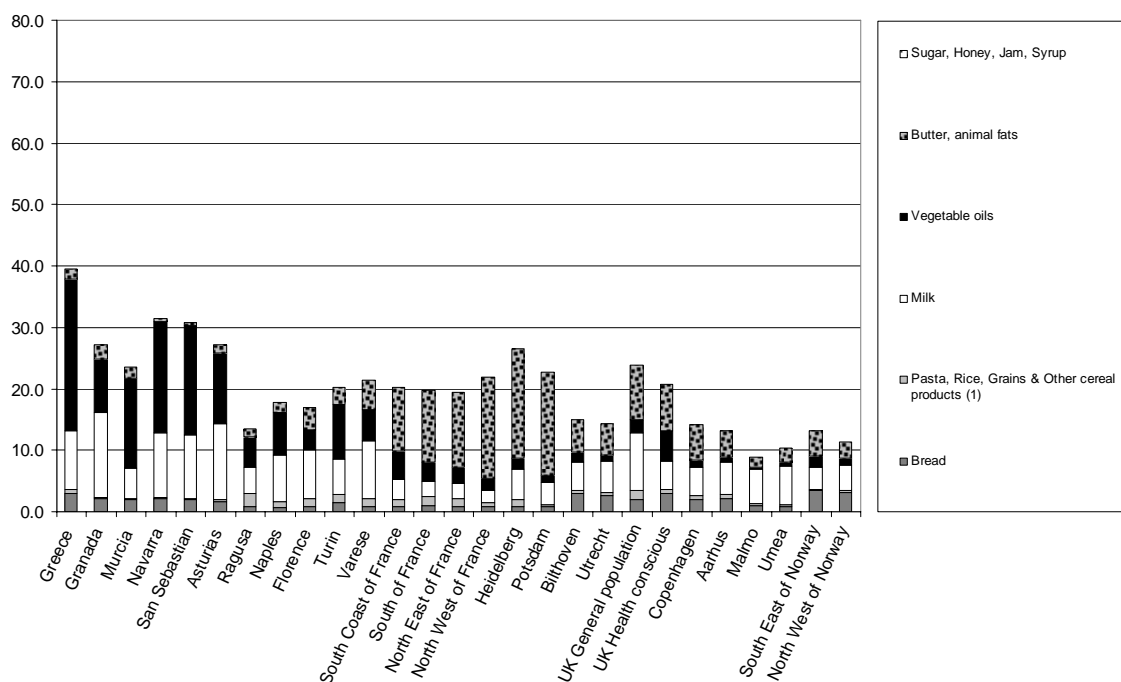
(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

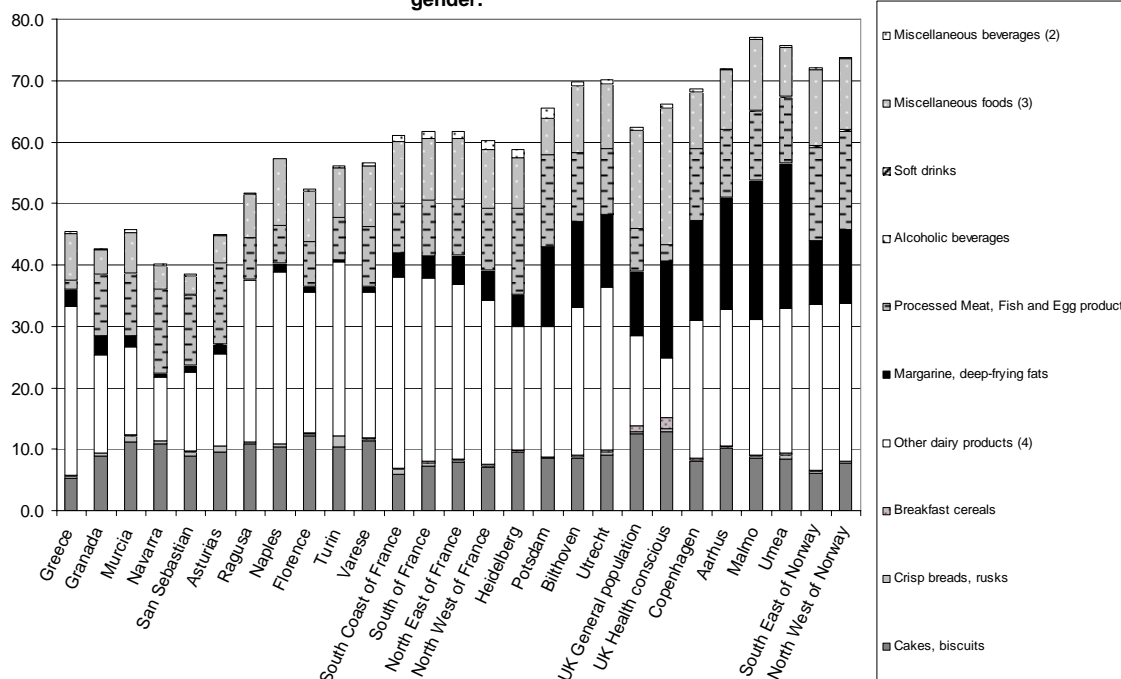
(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream

**a) Contributions of highly processed staple/basic foods to centre mean total saturated fat intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total saturated fat intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



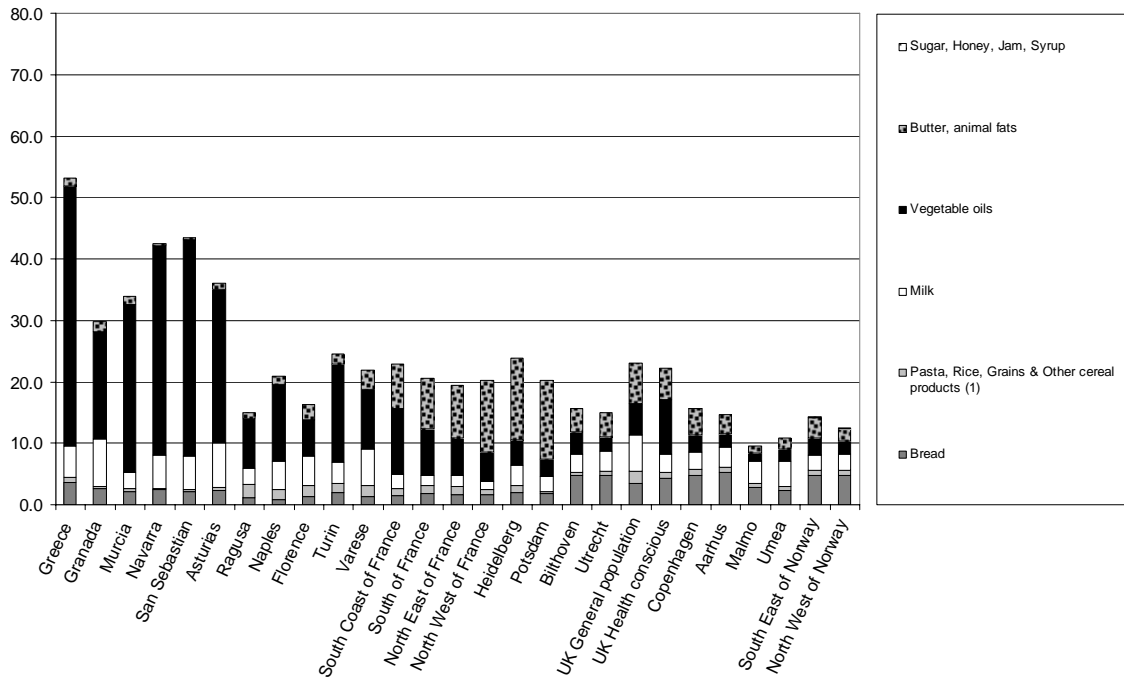
(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

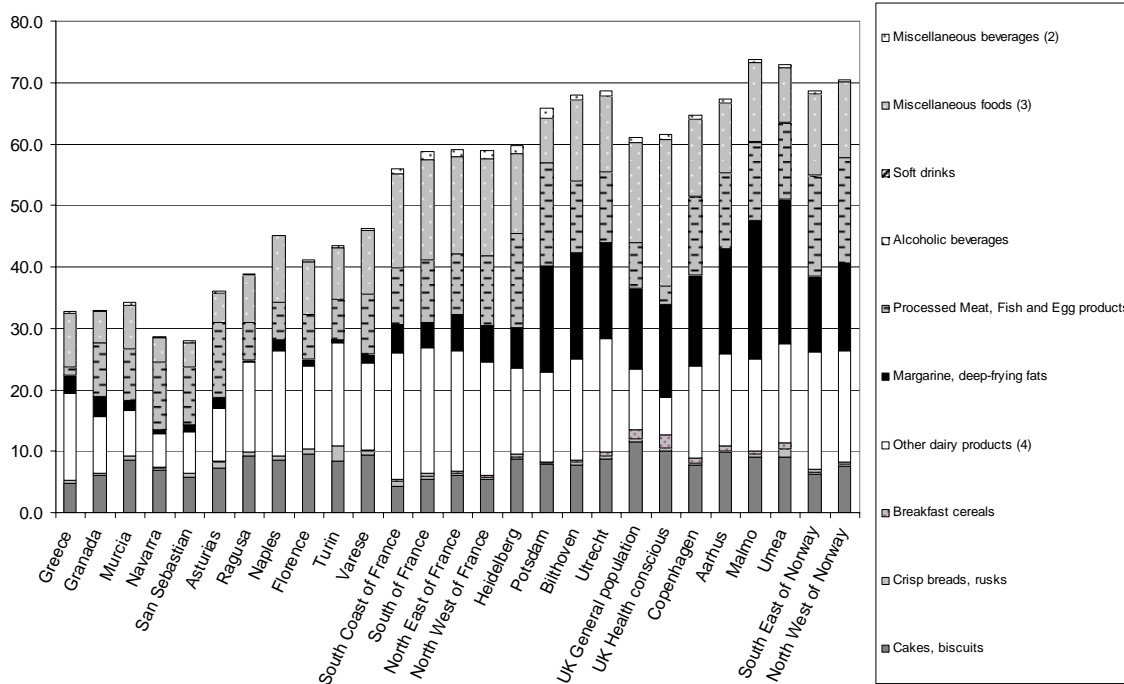
(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream

**a) Contributions of highly processed staple/basic foods to centre mean total fat intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total fat intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



(1) Flour, flakes, dough, pastries

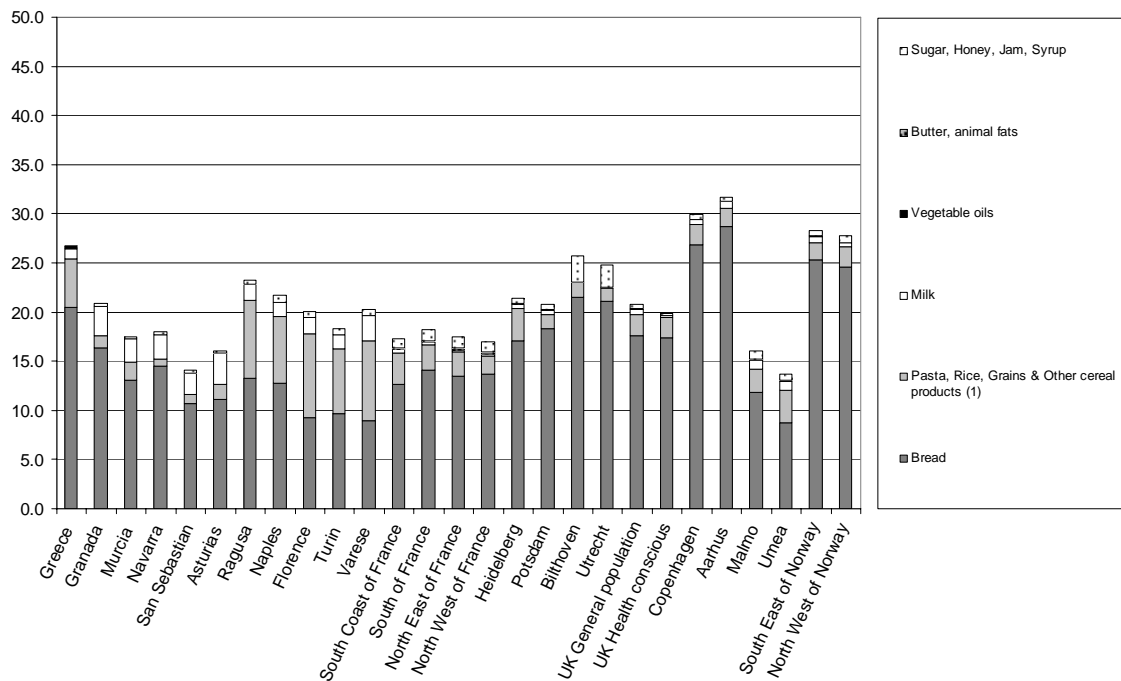
(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

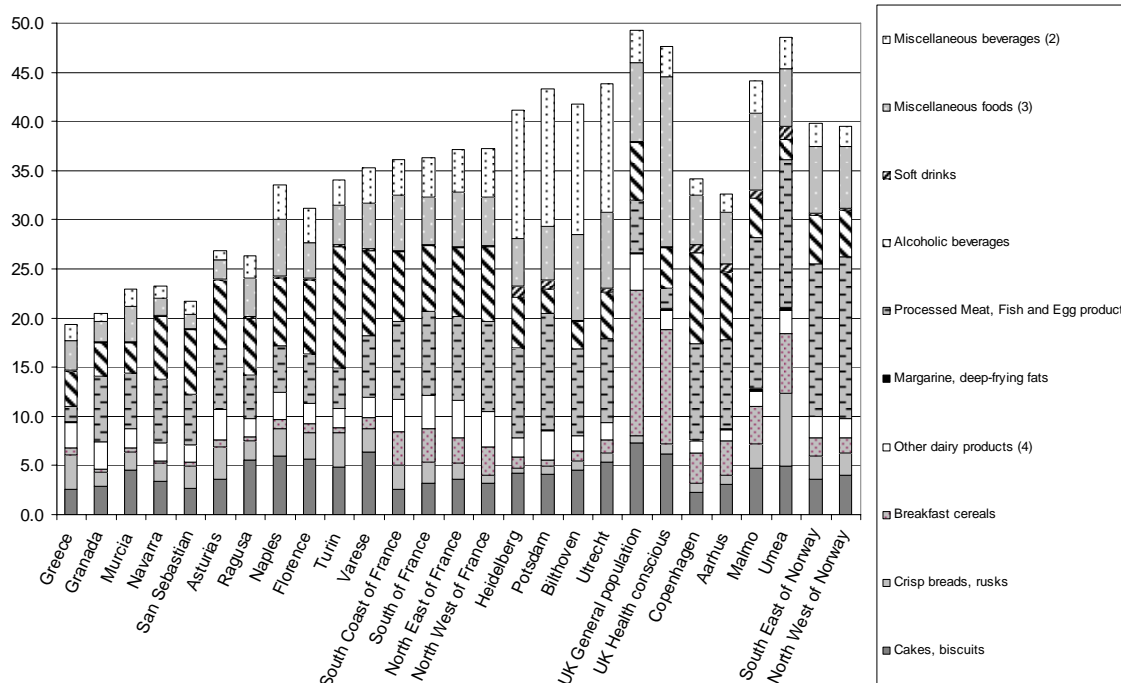
(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream



**a) Contributions of highly processed staple/basic foods to centre mean total iron intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total iron intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



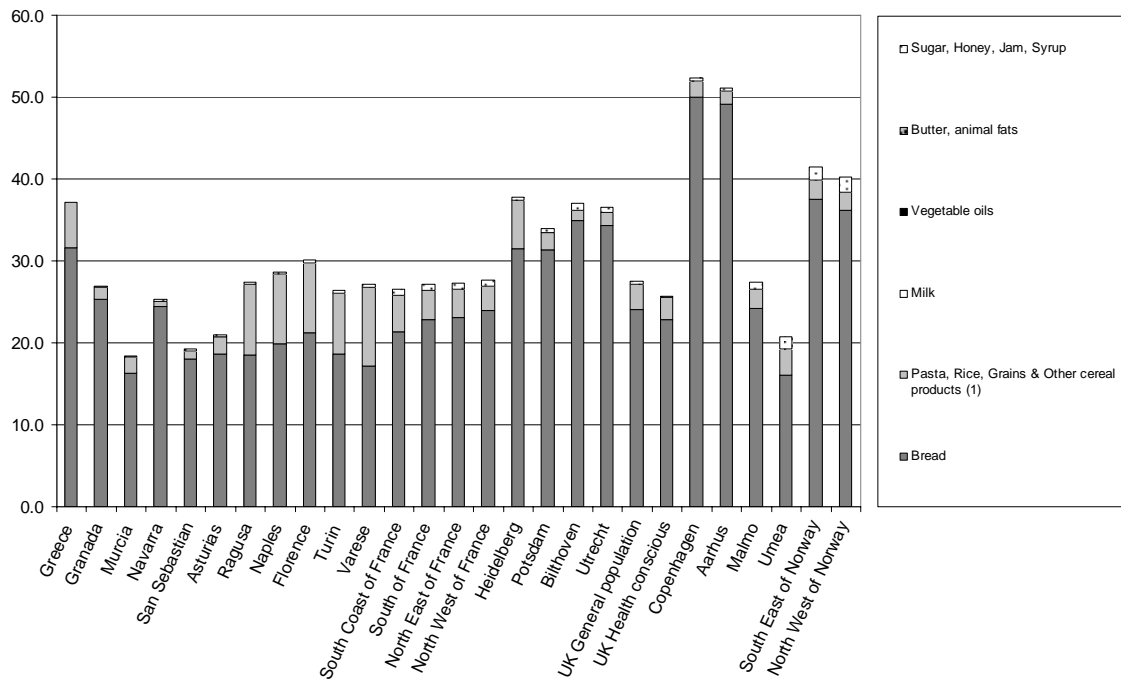
(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

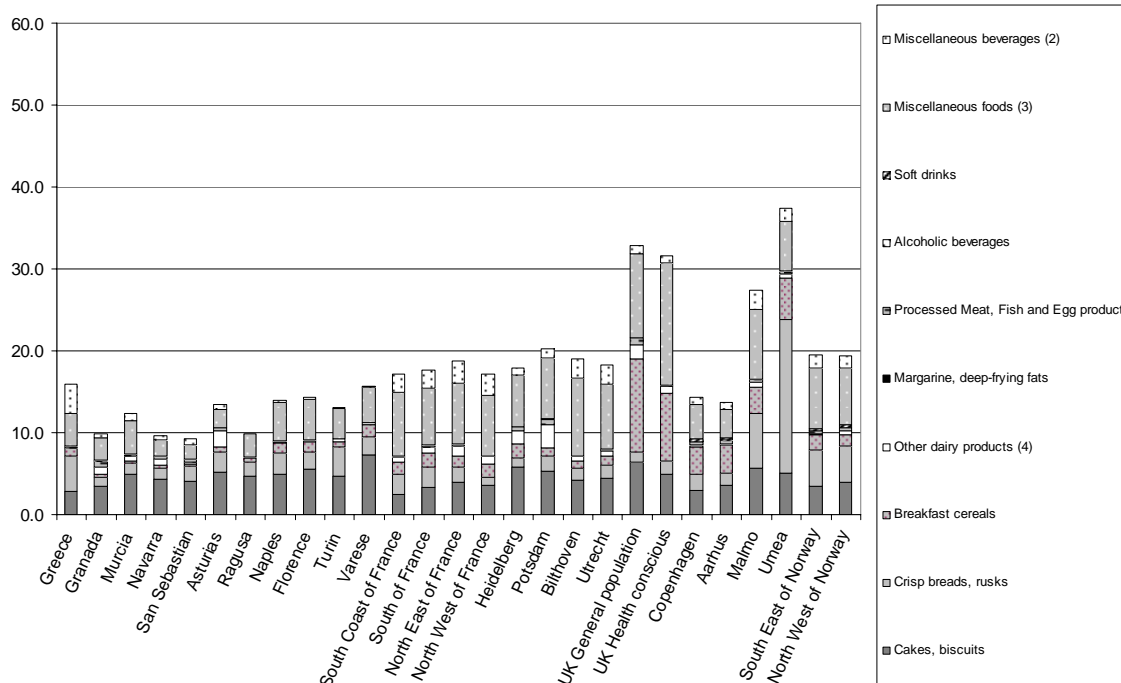
(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream

**a) Contributions of highly processed staple/basic foods to centre mean total fiber intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total fiber intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



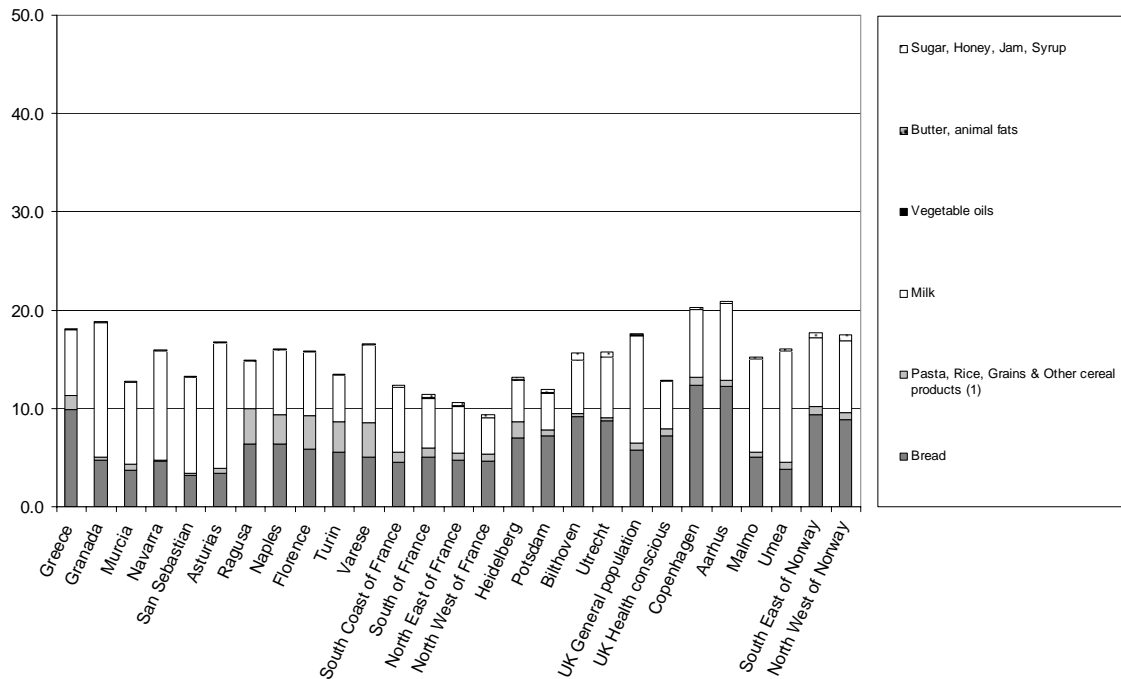
(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

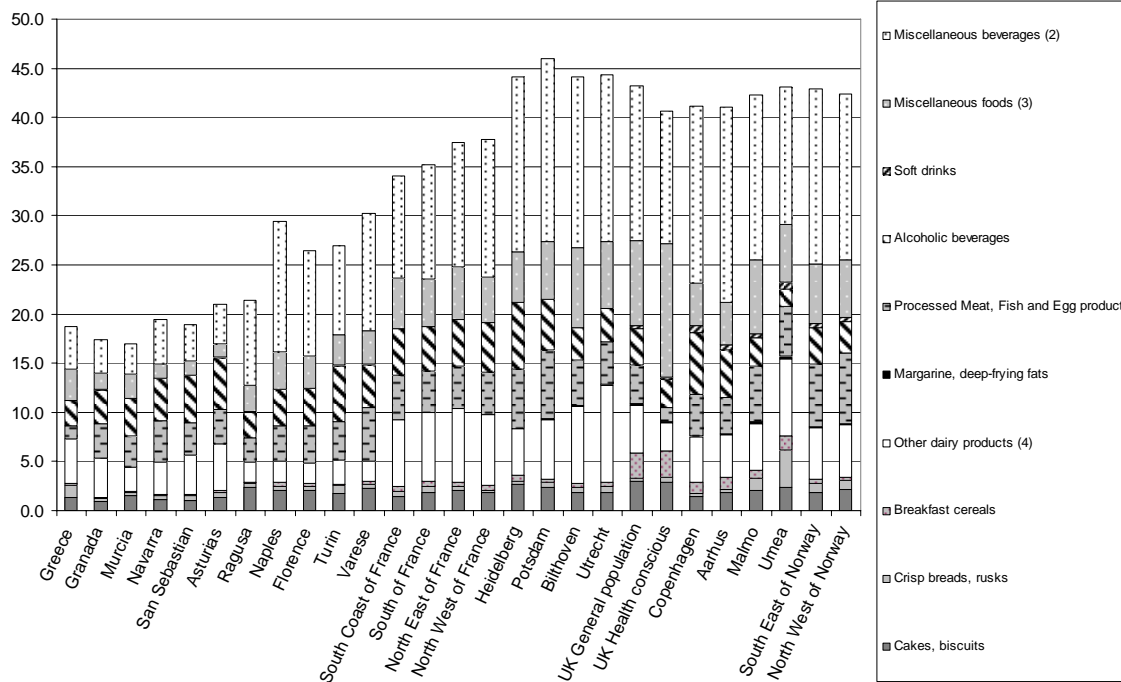
(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream

**a) Contributions of highly processed staple/basic foods to centre mean total potassium intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total potassium intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



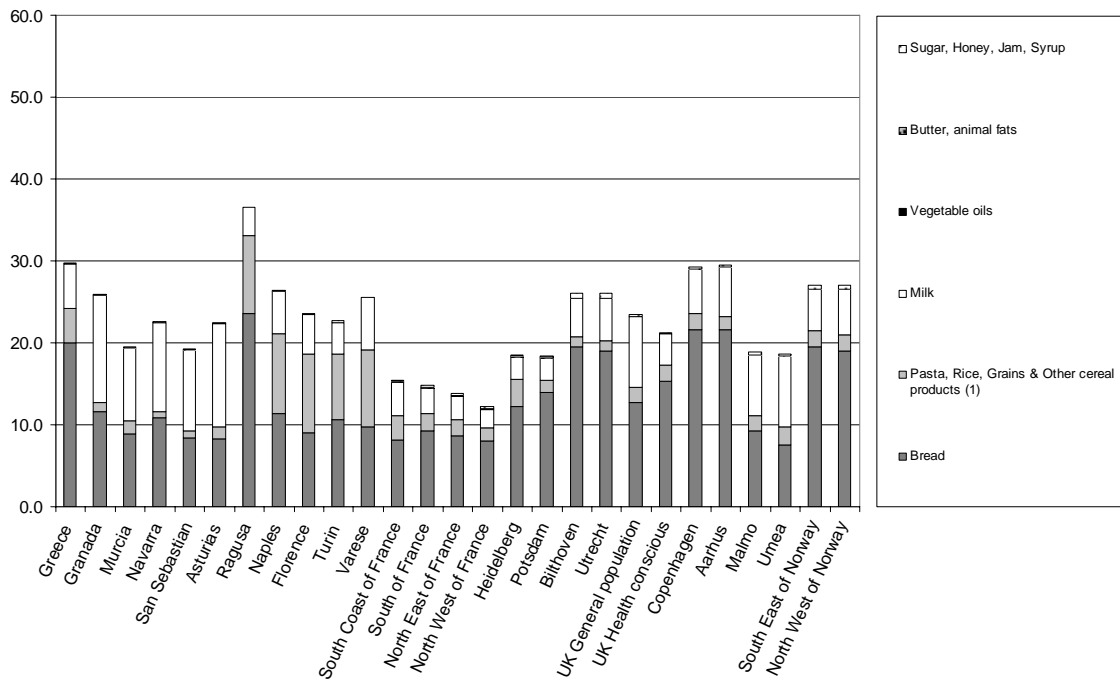
(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

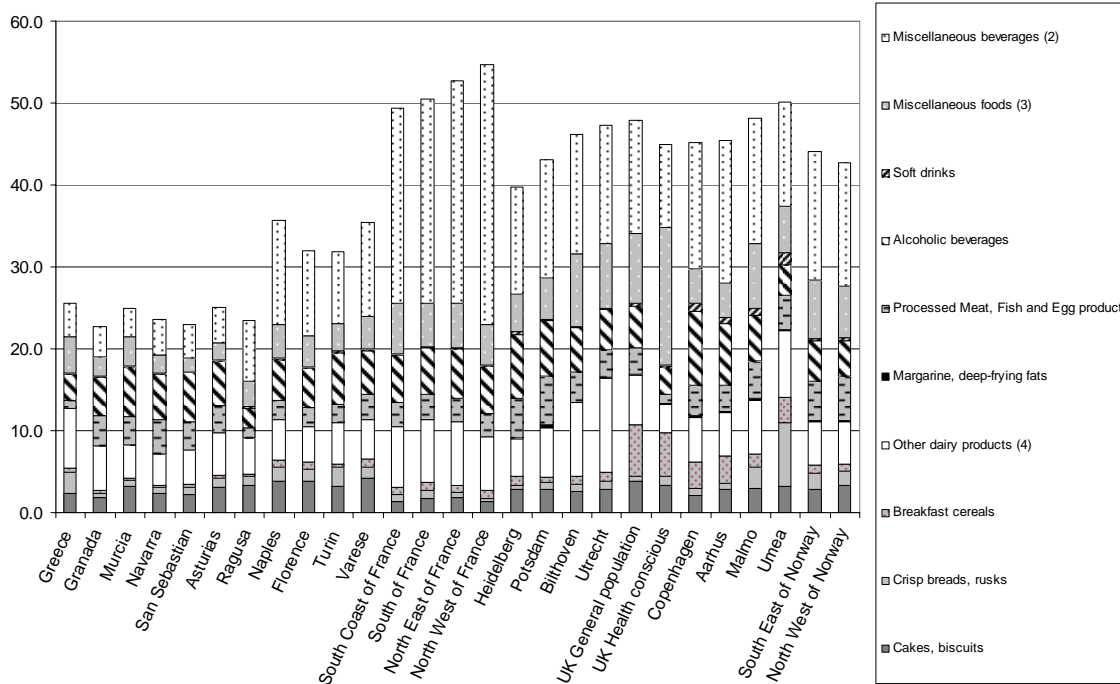
(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream

**a) Contributions of highly processed staple/basic foods to centre mean total magnesium intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total magnesium intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



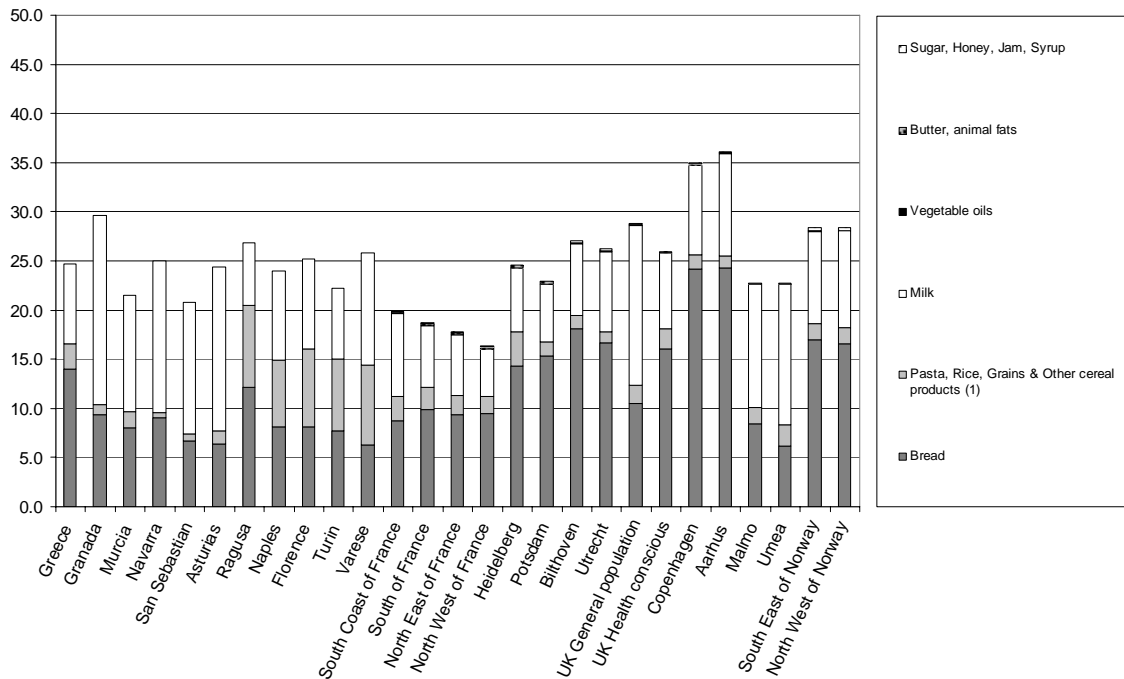
(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

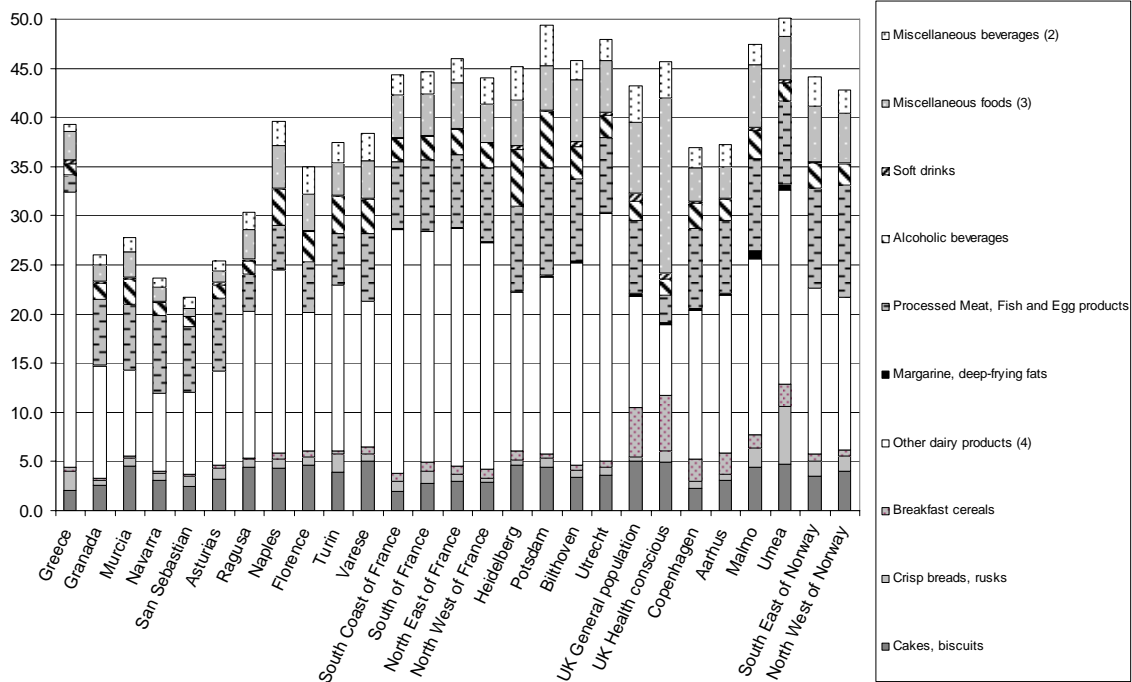
(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream

**a) Contributions of highly processed staple/basic foods to centre mean total phosphore intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total phosphore intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



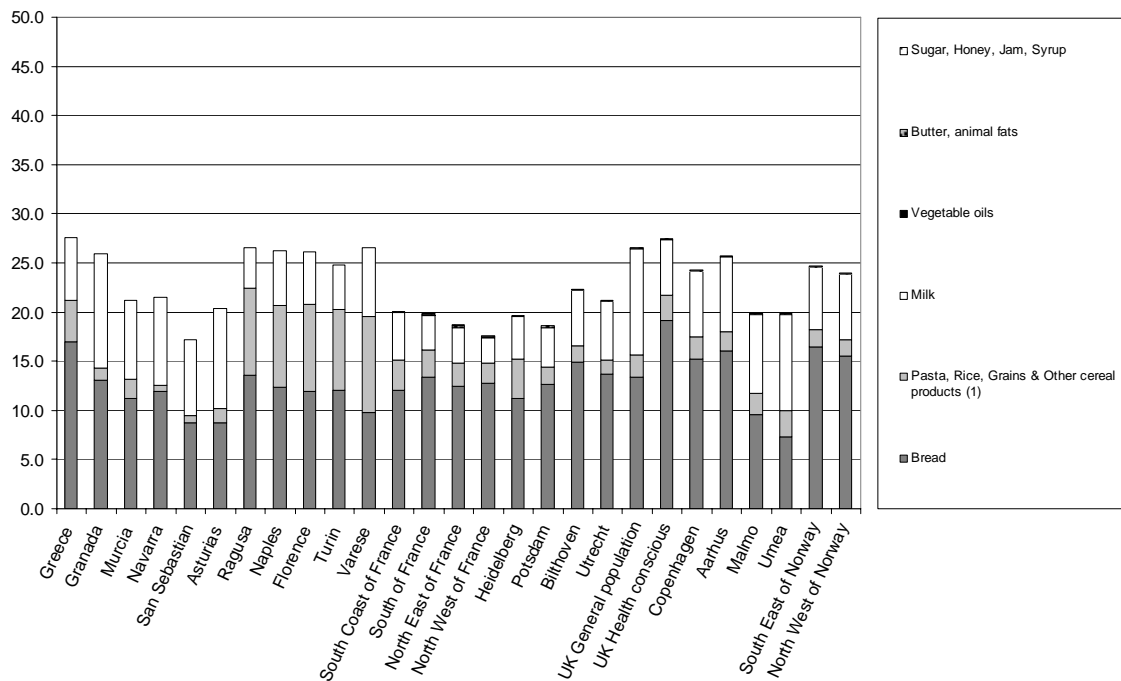
(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

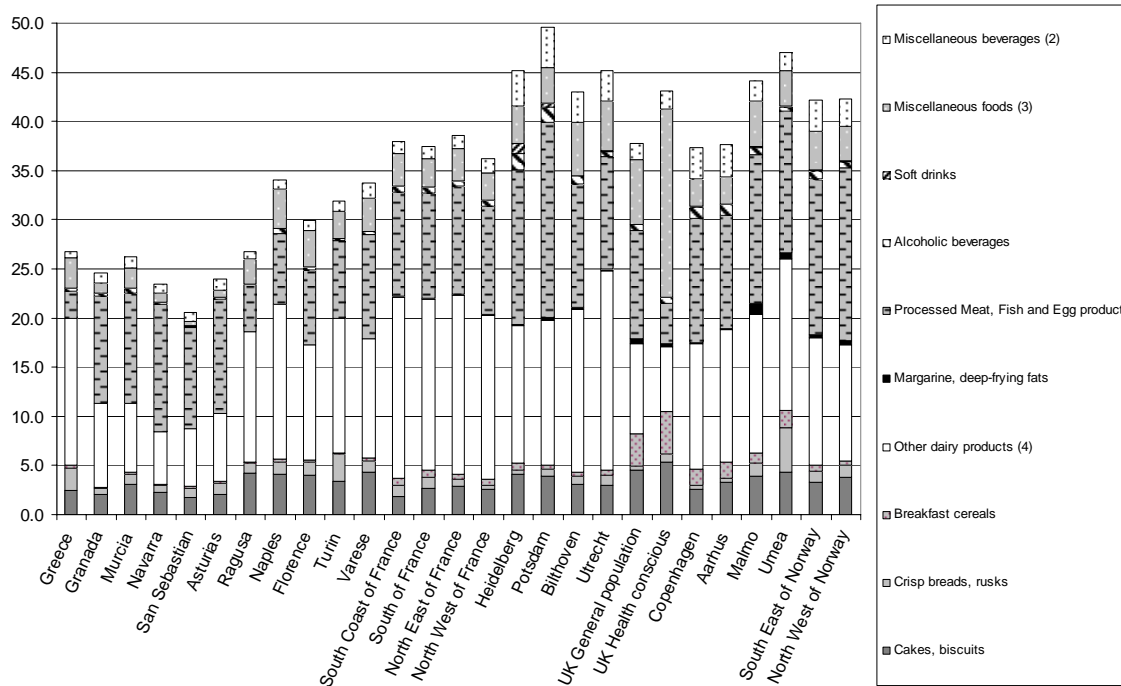
(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream

**a) Contributions of highly processed staple/basic foods to centre mean total protein intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total protein intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



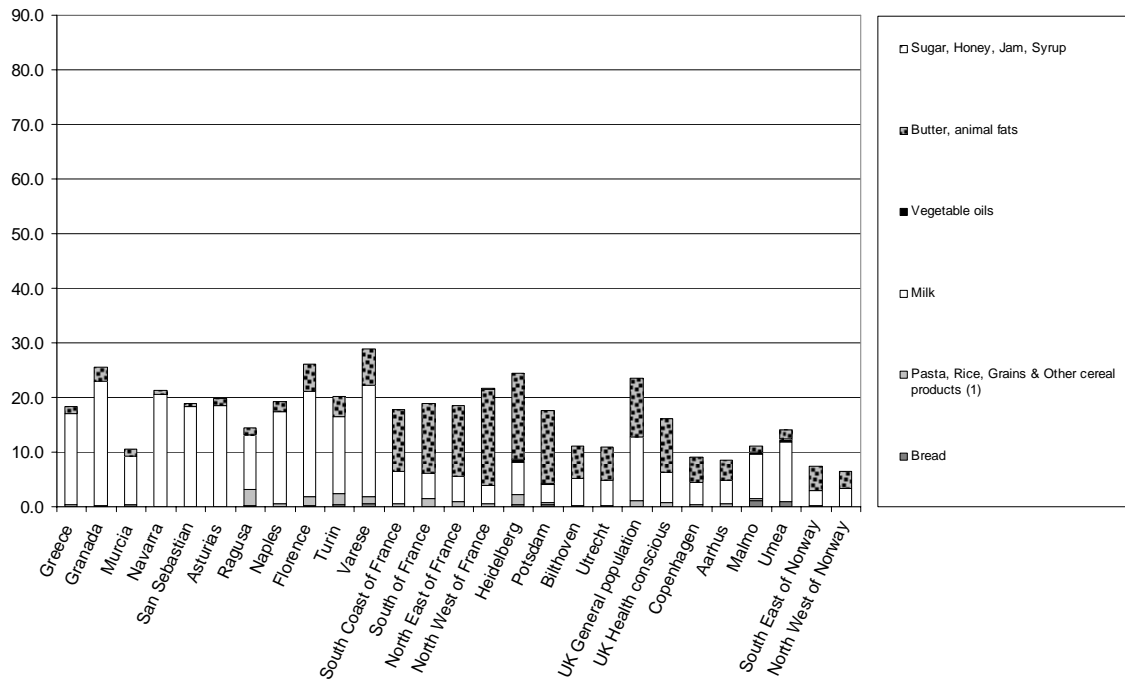
(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

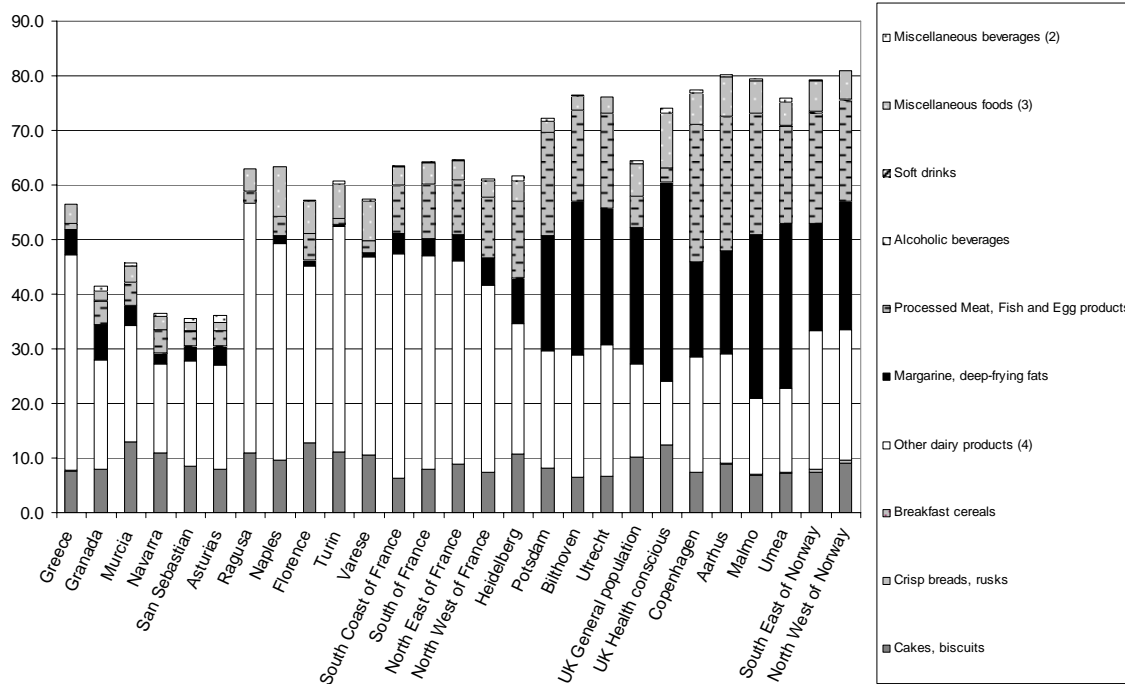
(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream

**a) Contributions of highly processed staple/basic foods to centre mean total retinol intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total retinol intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



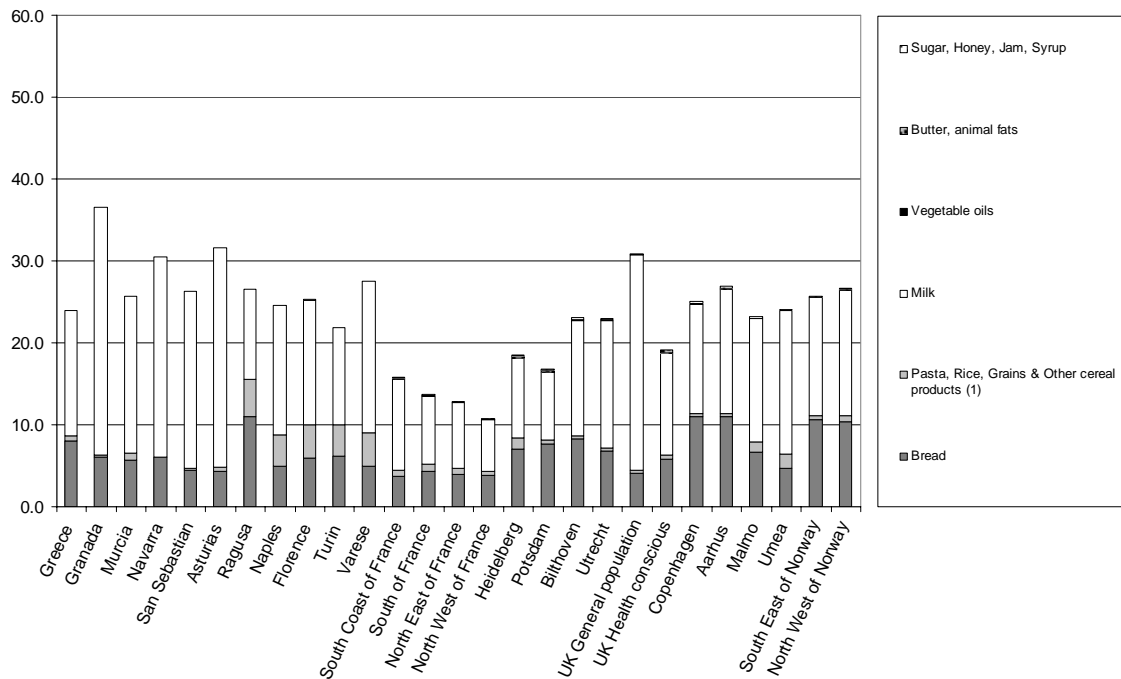
(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

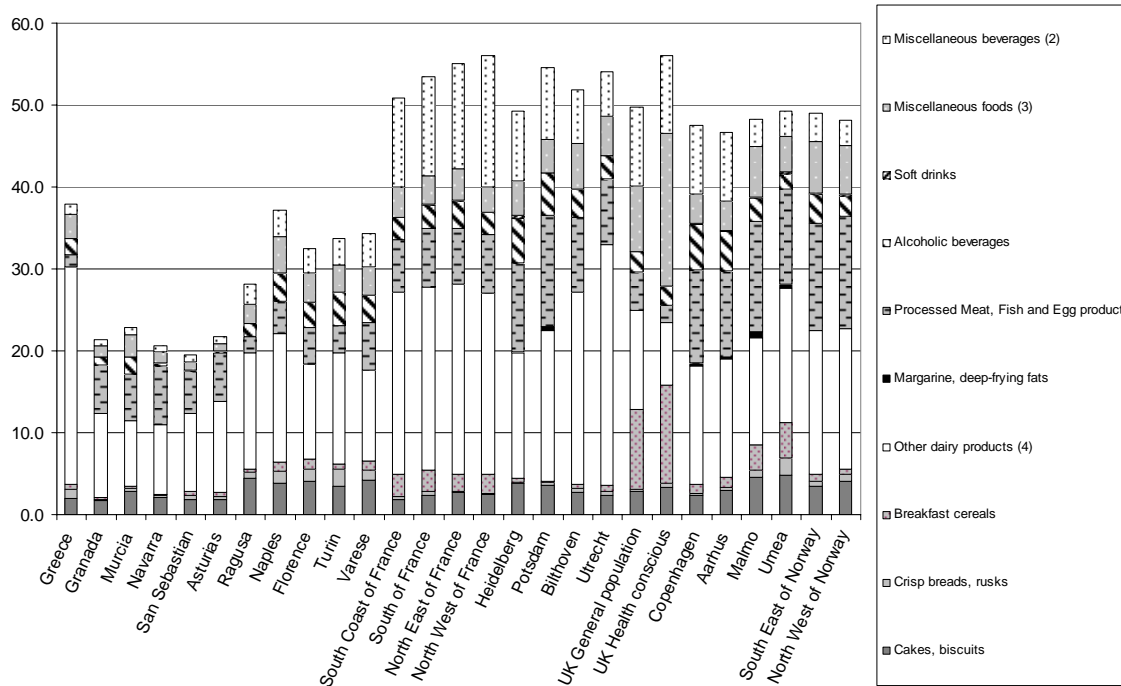
(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream

**a) Contributions of highly processed staple/basic foods to centre mean total riboflavin intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total riboflavin intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



(1) Flour, flakes, dough, pastries

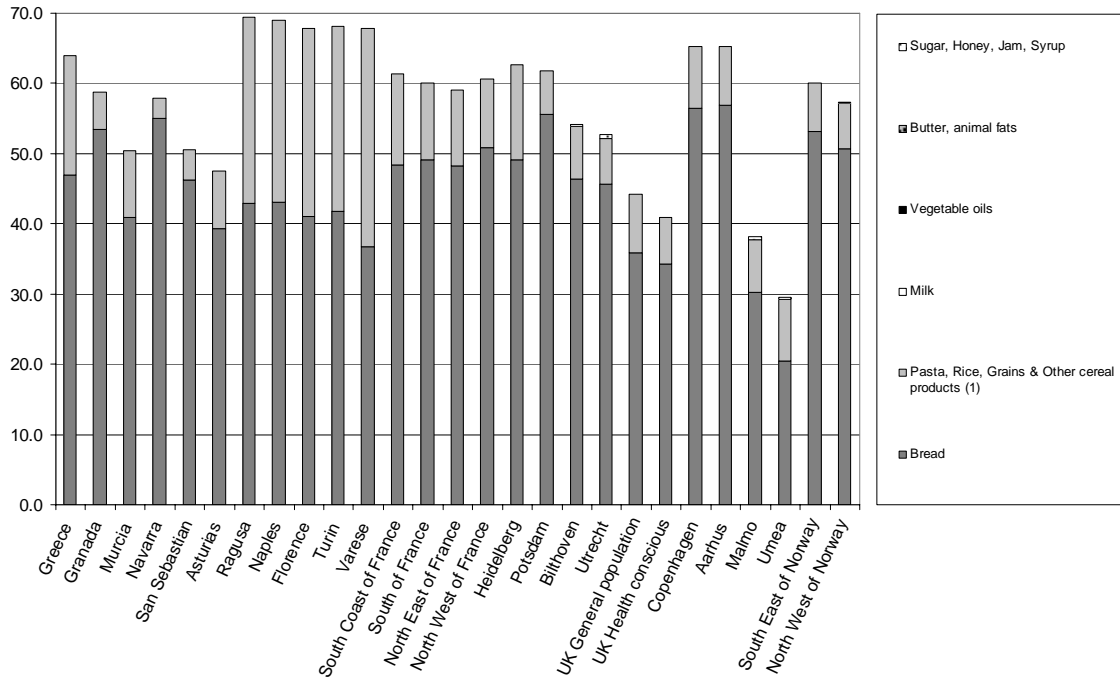
(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

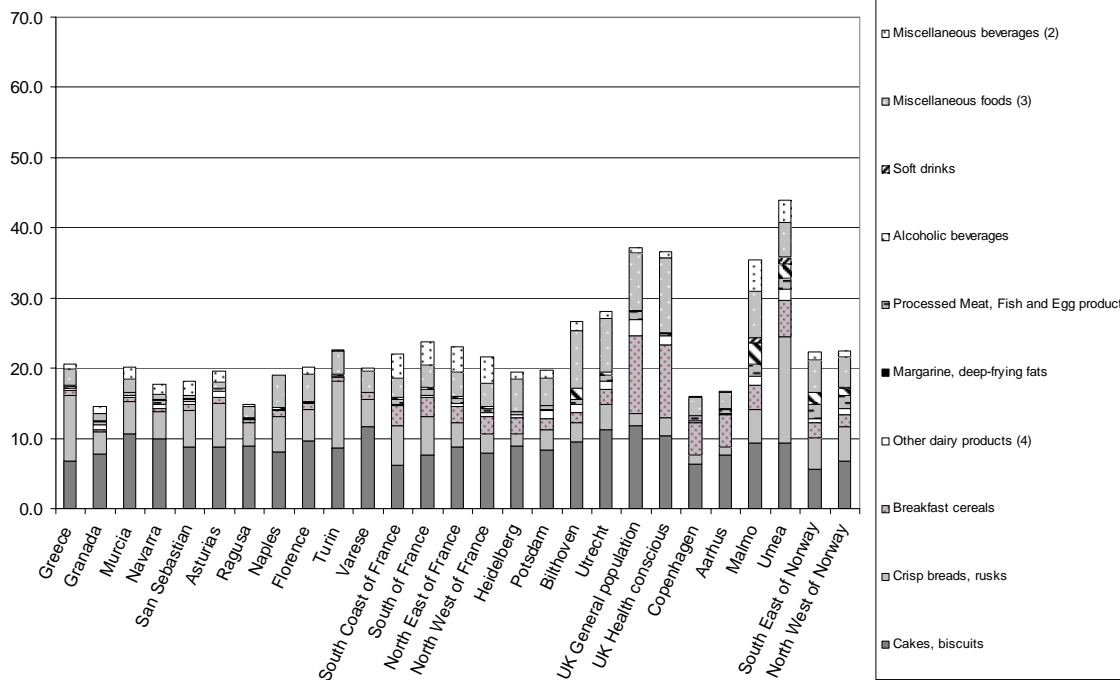
(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream



**a) Contributions of highly processed staple/basic foods to centre mean total starch intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total starch intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



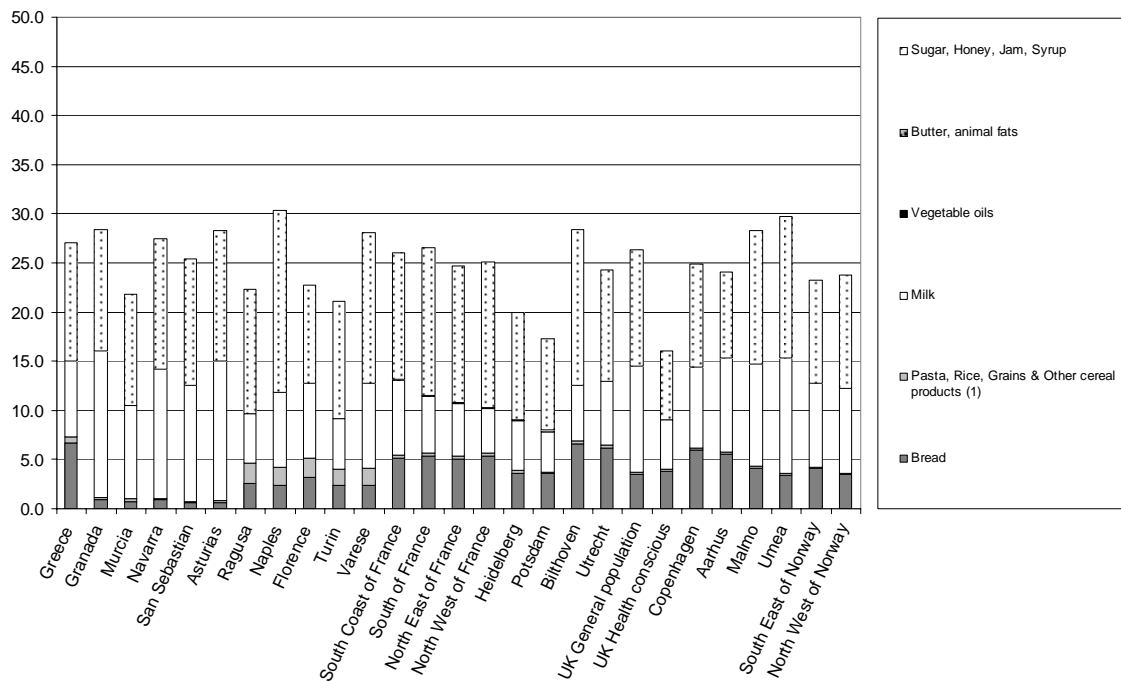
(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

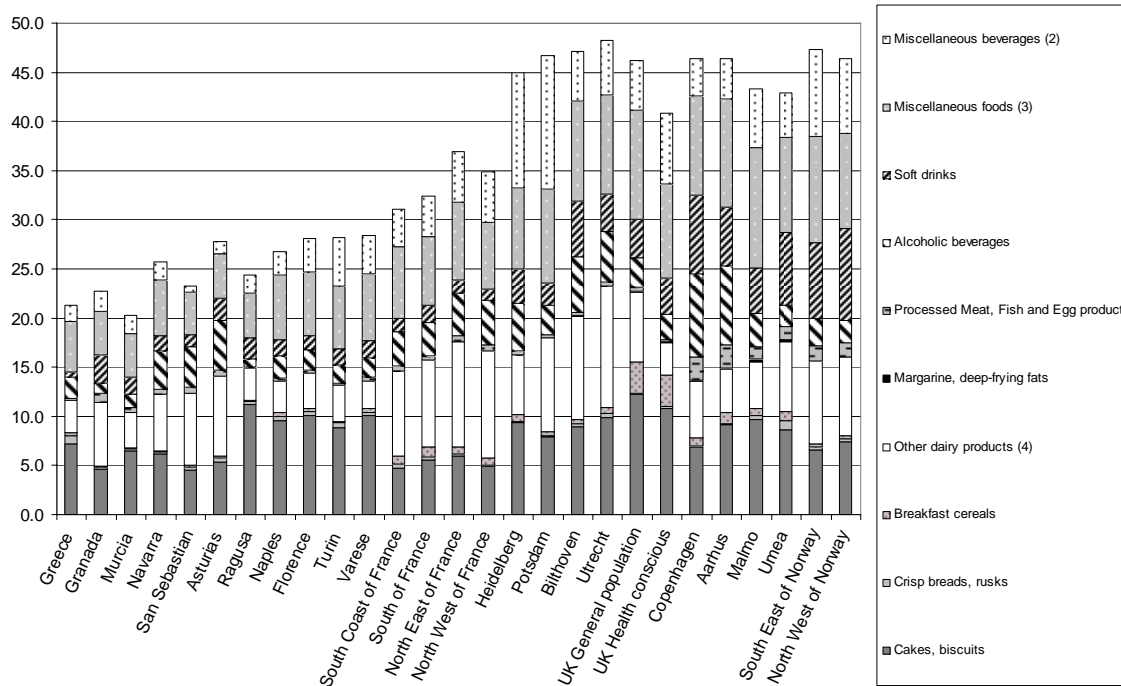
(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream

**a) Contributions of highly processed staple/basic foods to centre mean total sugar intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total sugar intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



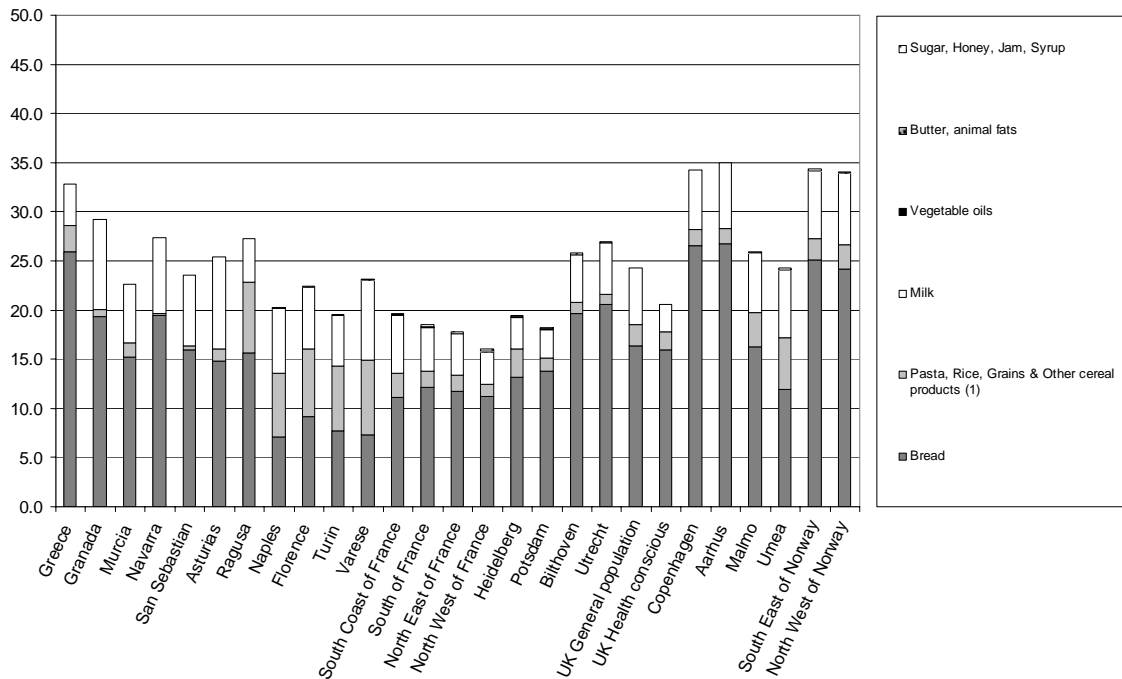
(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

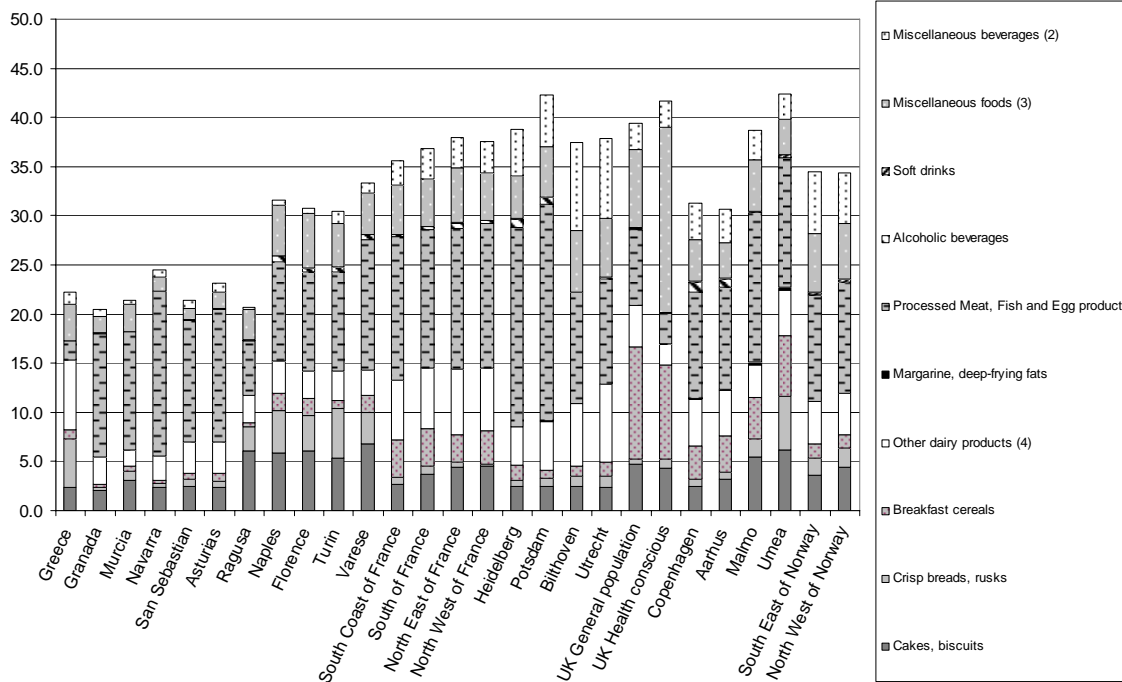
(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream

**a) Contributions of highly processed staple/basic foods to centre mean total thiamin intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total thiamin intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



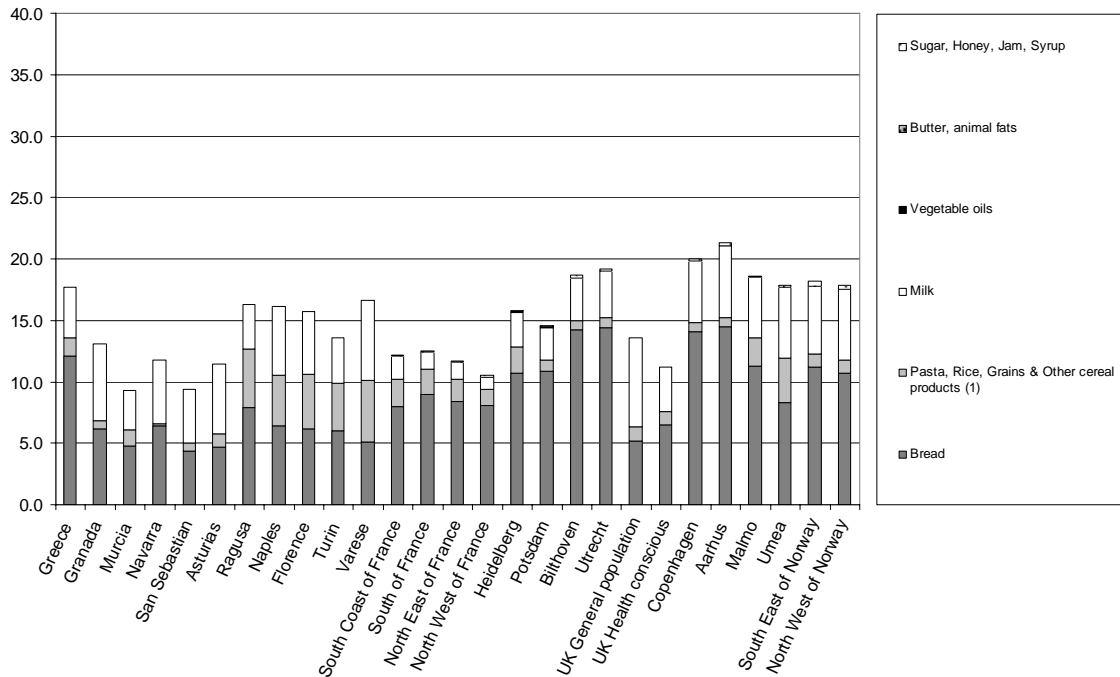
(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

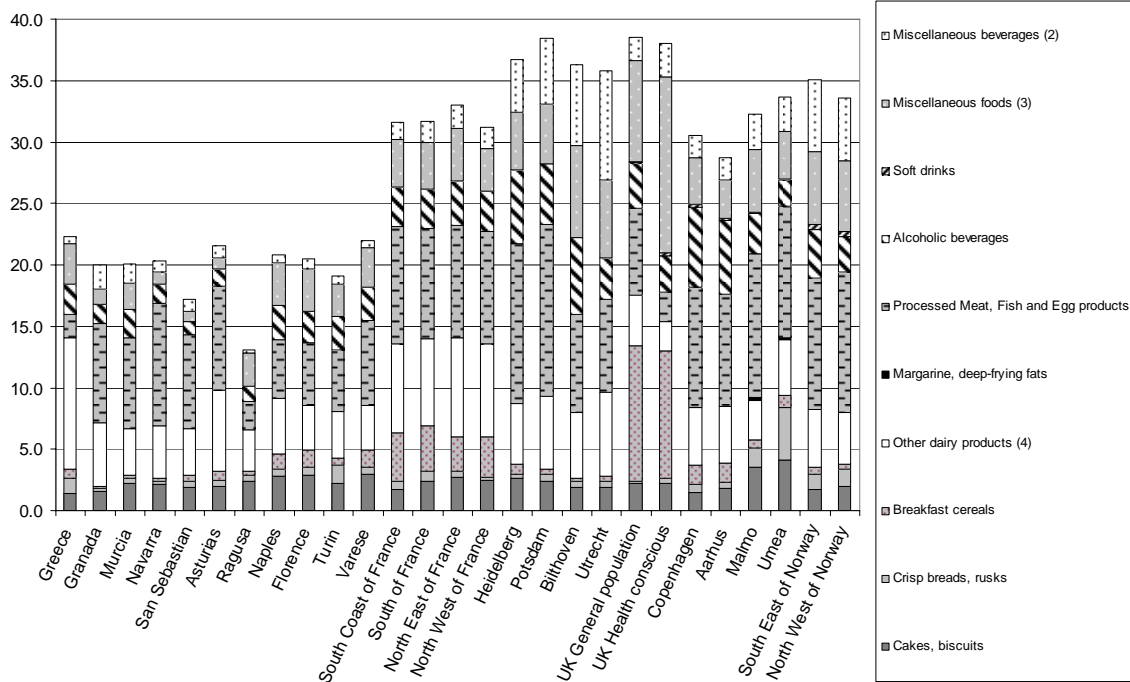
(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream

**a) Contributions of highly processed staple/basic foods to centre mean total vitamin B6 intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total vitamin B6 intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



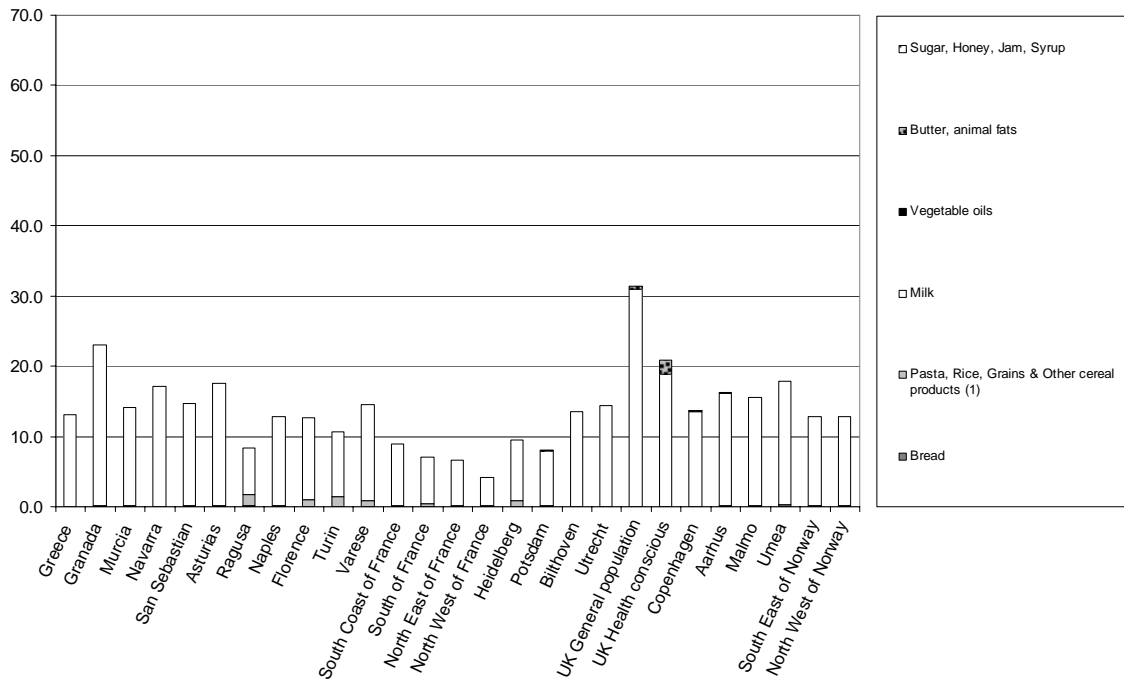
(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

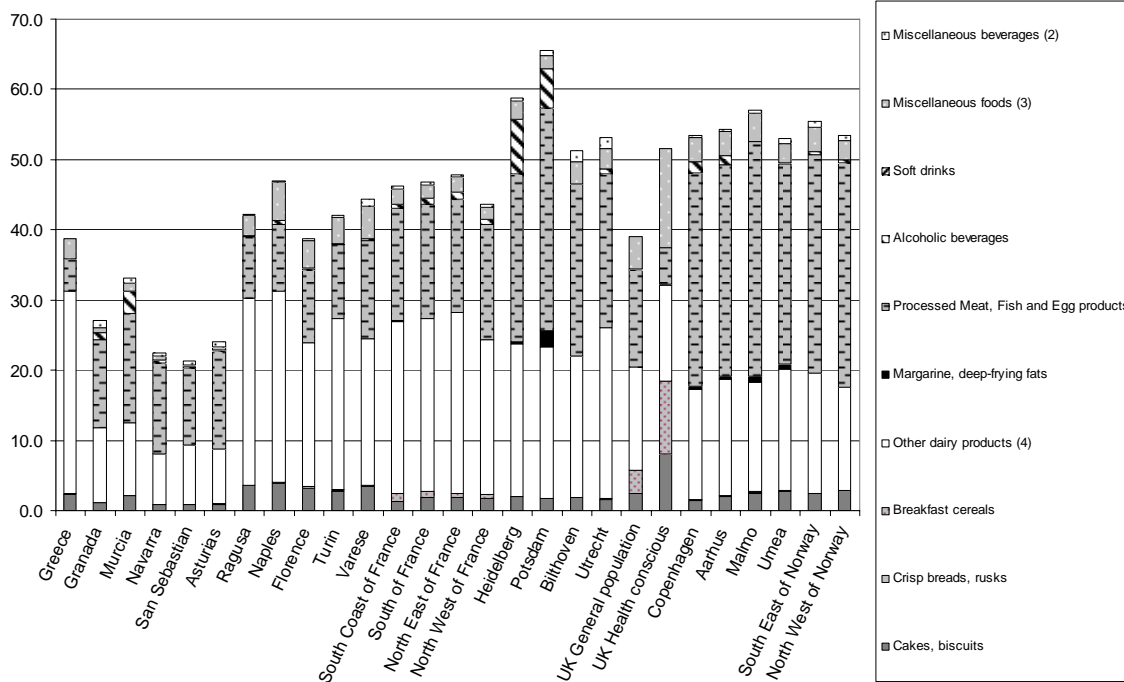
(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream

**a) Contributions of highly processed staple/basic foods to centre mean total vitamin B12 intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total vitamin B12 intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



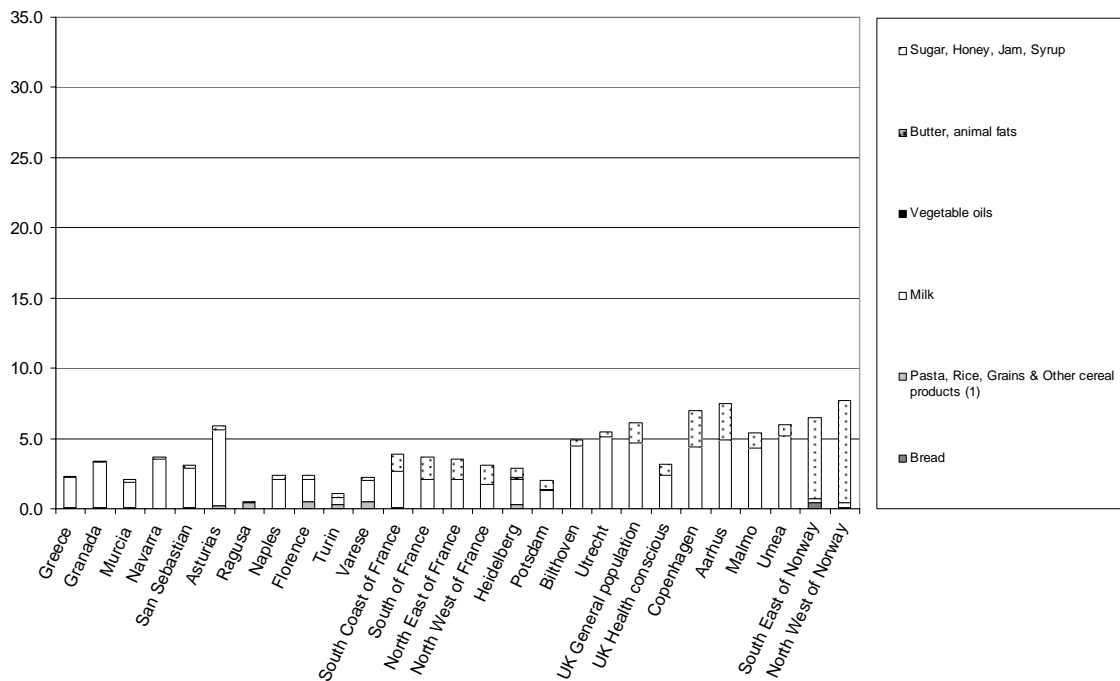
(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

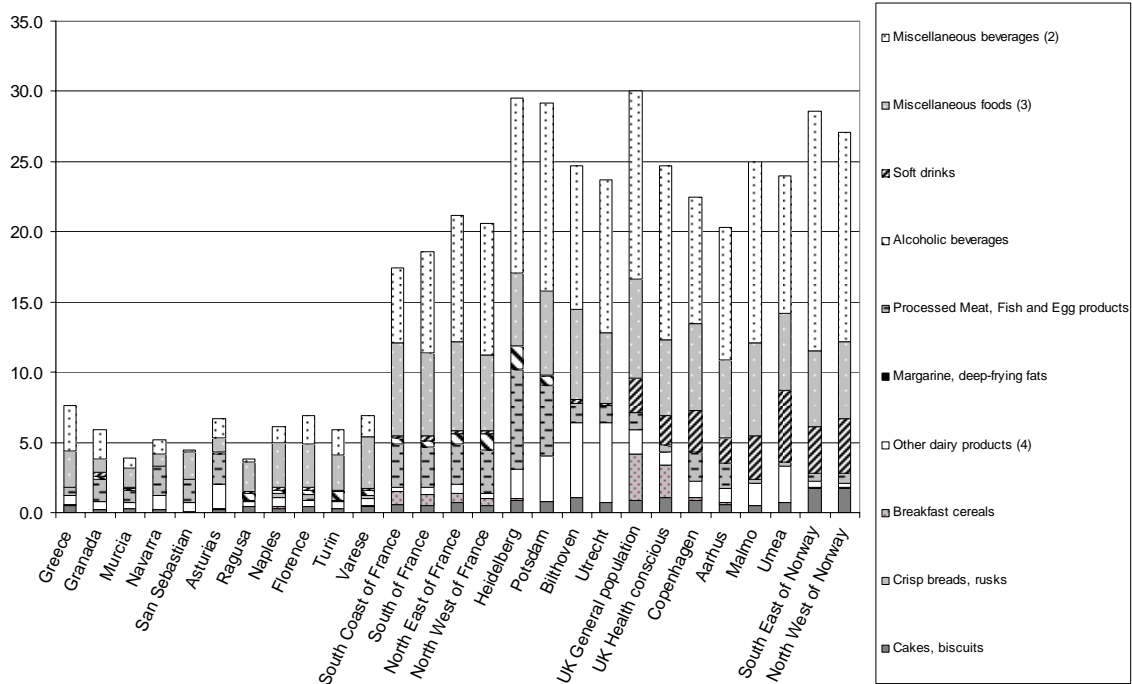
(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream

**a) Contributions of highly processed staple/basic foods to centre mean total vitamin C intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total vitamin C intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



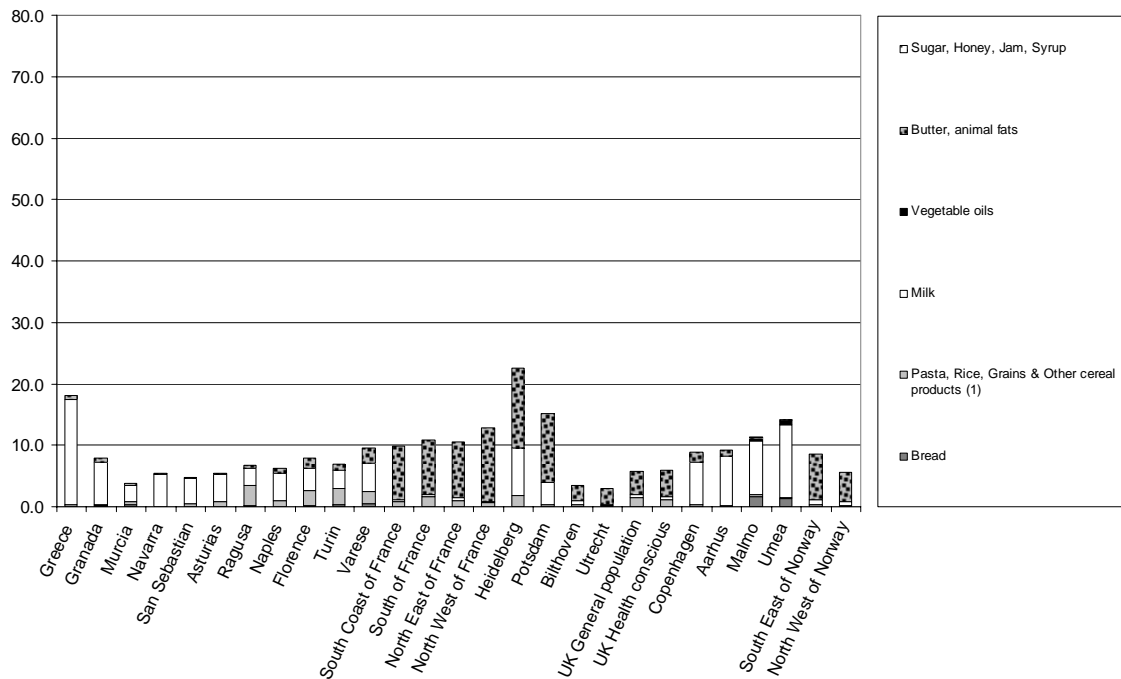
(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

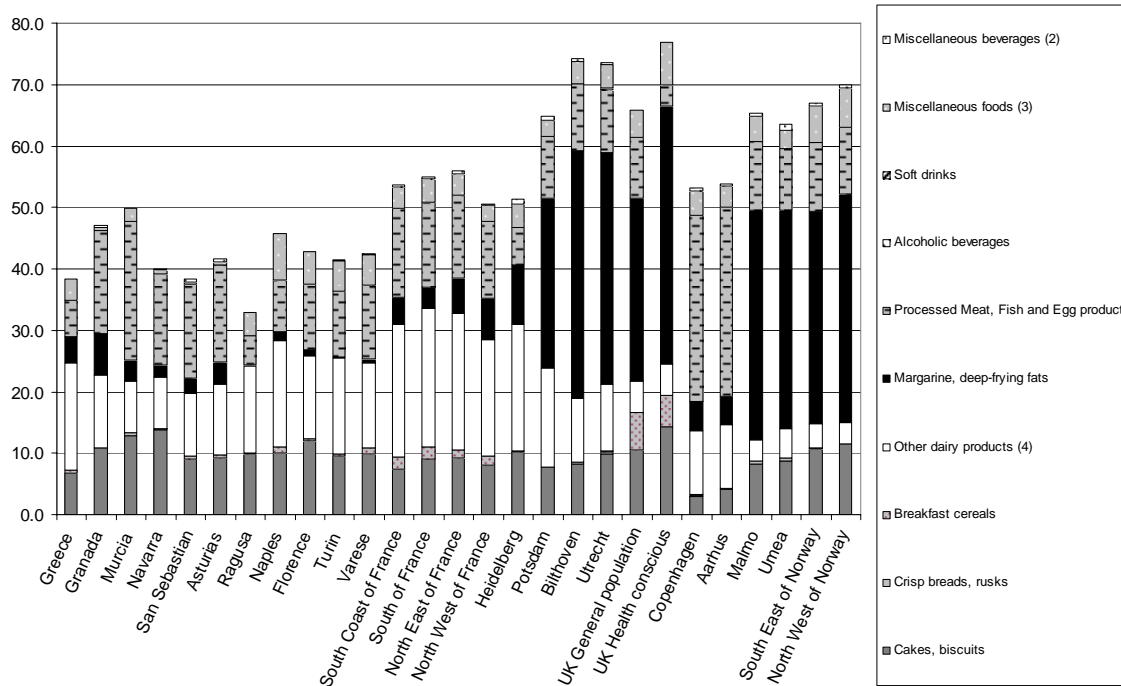
(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream

**a) Contributions of highly processed staple/basic foods to centre mean total vitamin D intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total vitamin D intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



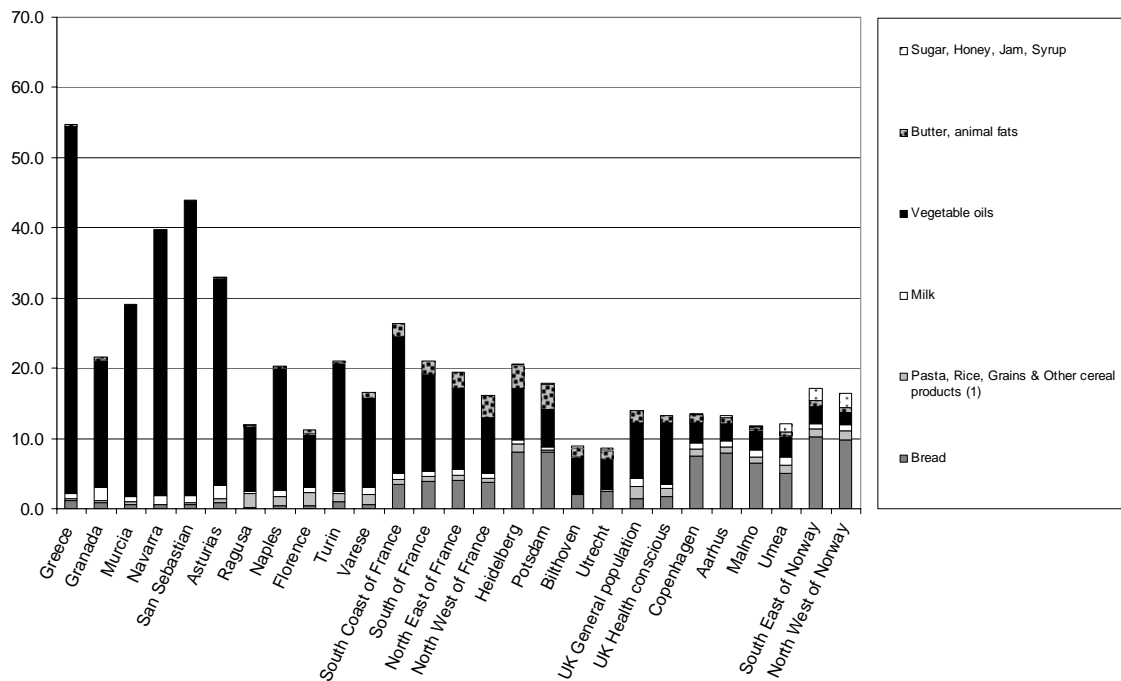
(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

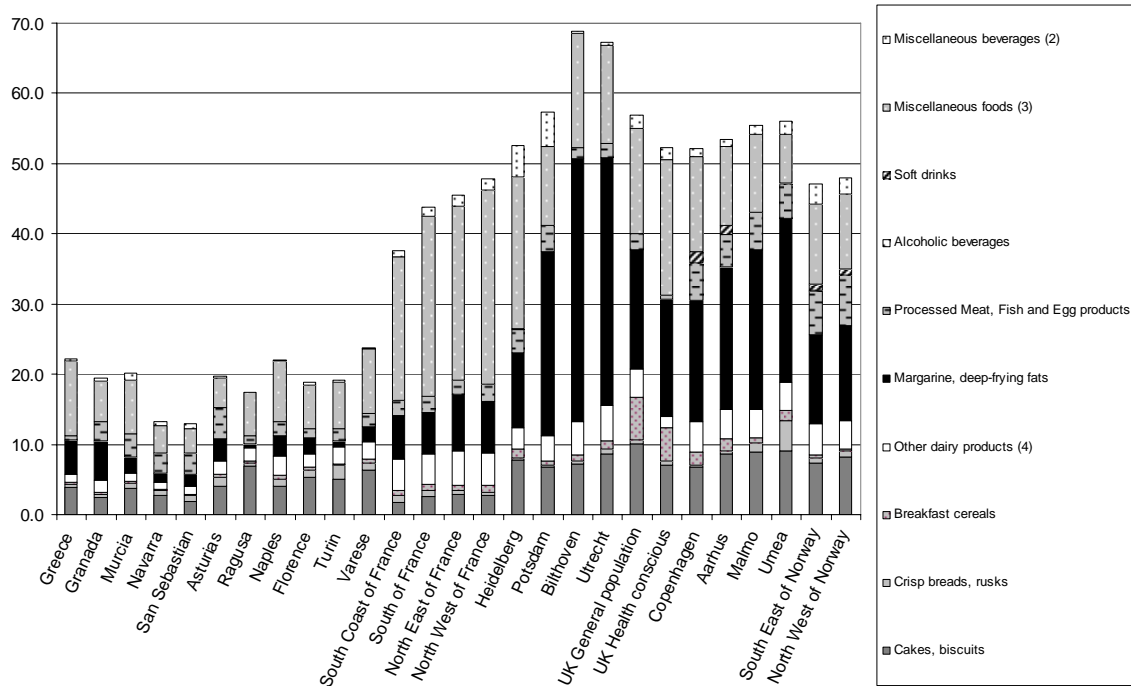
(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream

**a) Contributions of highly processed staple/basic foods to centre mean total vitamin E intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total vitamin E intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



(1) Flour, flakes, dough, pastries

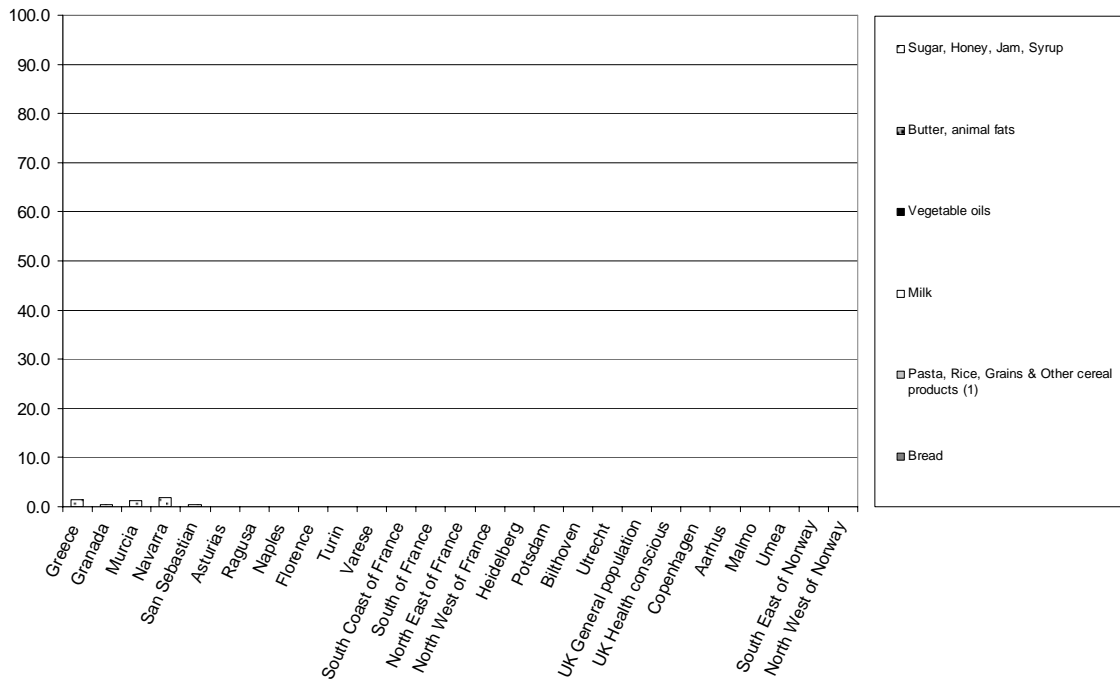
(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

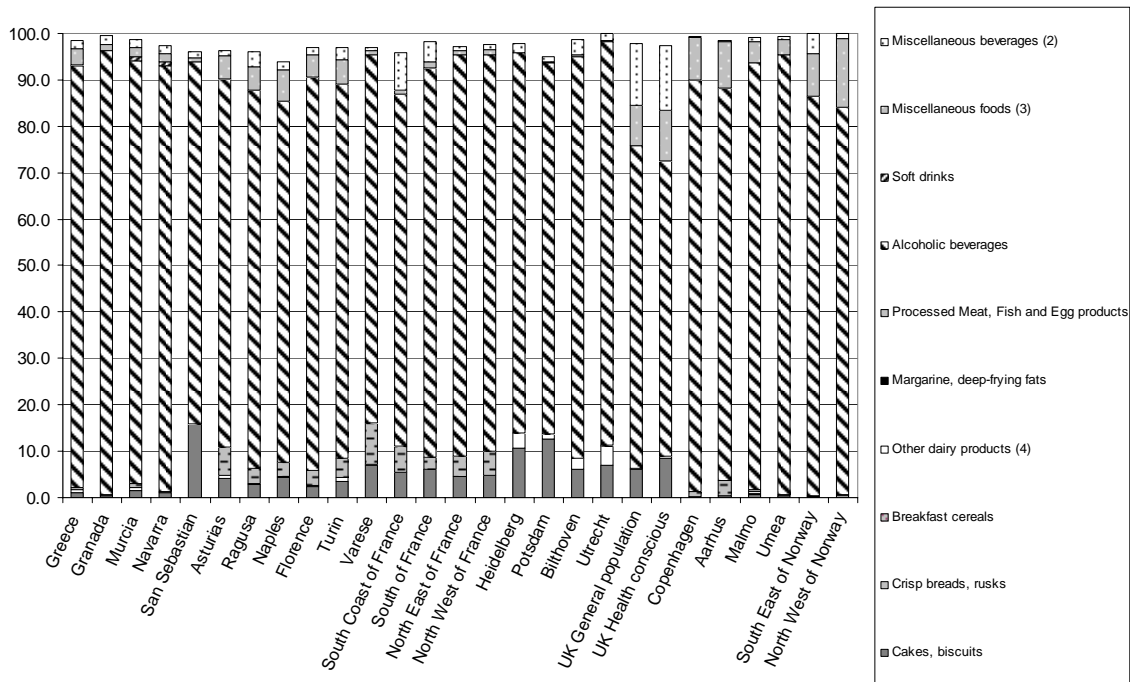
(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream



**a) Contributions of highly processed staple/basic foods to centre mean total alcohol intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



**(b) Contributions of the other more complex highly processed foods to centre mean total alcohol intakes (%) after adjustment for season, weekday, height, weight, age and gender.**



(1) Flour, flakes, dough, pastries

(2) Fruit and vegetable juices, coffee, tea, herbal tea, chicory, non-alcoholic beer, alcohol for cooking

(3) Potato-, vegetable-, legume- and fruit- products (including olives and nuts), chocolate, candies, ice creams, sorbets, salty biscuits, sauces, vegetarian foods, dietetic products, creamers, snacks

(4) Yogurt, cheese, milk beverages, curd, cream dessert, dairy cream